

Individual Best Times (All Time)

Jessica Cross - (806059) - Swansea University SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.03	618	F	14/12/19	NASL South Round 3	Guildford	Rushmoor Ryl	3
2:23.42	613	F	12/10/19	NASL South League Round One	Burgess Hill	Rushmoor Ryl	3
2:23.91	607	F	11/12/21	National Arena Swimming League South Round 3	Southampton	Swansea Uni	3
2:24.17	603	F	13/11/21	National Arena Swimming League South - Round Two	Portsmouth	Swansea Uni	3
2:24.52	599	F	08/12/18	National Arena Swimming League South R3 2018	Burgess Hill	Rushmoor Ryl	3
2:24.68	597	F	09/11/19	National Arena Swimming League South Round Two	Guildford	Rushmoor Ryl	3
2:24.96	594	H	02/11/19	Swim England South East Open Junior Championships	Portsmouth	Rushmoor Ryl	2
2:25.01	593	F	13/10/18	NASL South Round One 2018	Burgess Hill	Rushmoor Ryl	3
2:25.11	592	H	06/10/18	RR Winter National & Regional Qualifier L2 Meet	Aldershot	Rushmoor Ryl	2
2:25.32	589	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	Rushmoor Ryl	2
2:25.38	588	H	22/09/18	Hampshire County Open & Junior Champs 2018	Southampton	Rushmoor Ryl	2
2:25.69	585	H	05/10/19	Rushmoor Royals Autumn County Chaser 2019	Aldershot	Rushmoor Ryl	3
2:25.84	583	F	17/11/19	Swim Bourenmouth L2 Winter Short Course	Littledown Centre	Rushmoor Ryl	2
2:25.96	581	F	03/11/18	City of Cardiff Capital Open Meet	Cardiff	Rushmoor Ryl	2
2:26.37	577	F	23/11/20	Swim Wales Super Series - Round 2, Session 1	Swansea		0
2:26.54	575	F	10/11/18	National Arena Swimming League South Round 2	Guildford	Rushmoor Ryl	3
2:27.20	567	F	14/06/21	Swim Wales Super Series 2021 - Round 1, Session 1	Swansea		0
2:27.21	567	F	14/10/17	NASLS - South Round One	Aldershot	Rushmoor Ryl	3
2:27.30	566	F	12/11/22	Arena Swimming League South - Round Two	Waterlooville		4
2:27.81	560	F	08/10/22	National Arena Swim League South Round One	Portsmouth	Alton & Dist	4
2:27.83	560	H	05/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Alton & Dist	2
2:27.84	560	F	08/10/16	NASL South	Bracknell	Alton & Dist	3
2:28.69	550	F	10/12/22	National Arena Swimming League South 2022 - R3	Waterlooville		4
2:28.71	550	F	10/12/16	NASLS - Round 3	Guildford	Alton & Dist	3
2:28.81	549	H	30/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
2:29.07	546	F	12/11/16	NASLS Round 2	Maidenhead	Alton & Dist	3
2:29.07	544	F	24/10/21	Swansea Aquatics Club Championships 2021	Swansea		3

2:29.27	544	F	24/10/21	Swansea Aquatics Club Championships 2021	Penlan LC		
2:29.67	539	F	03/06/17	Alton District Club Championships	Alton	Alton & Dist	4
2:29.97	536	H	13/11/16	Hampshire & Isle of Wight Schools SA Annual Gala	Waterlooville		2
2:30.25	533	H	11/06/16	Swim Out of Your Skin Open Meet	Waterlooville	Alton & Dist	3
2:30.61	529	F	01/10/22	Swansea Aquatics Club Championships 2022	Swansea		3
2:31.42	521	H	26/06/16	Hampshire & IOW SSA Annual Swimming Gala 2016	Portsmouth		2
2:33.92	496	F	03/10/15	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
2:34.35	492	F	11/10/14	National Swimming Arena South 2014 R1	Guildford	Alton & Dist	3
2:34.84	487	F	29/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	Alton & Dist	2
2:35.26	483	F	13/12/14	NASL 2014 Round 3	Guildford	Alton & Dist	3
2:35.36	482	F	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	Alton & Dist	3
2:36.02	476	H	16/11/14	Hampshire Schools Championships	Waterlooville	Alton & Dist	3
2:37.16	466	F	01/11/14	Alton & District Club Championships	Alton	Alton & Dist	4
2:37.85	460		08/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
2:38.95	450		08/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
2:40.12	440		10/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
2:42.02	425		06/10/13	City of Southampton SC James Moreno Open	Southampton	Alton & Dist	2
2:42.06	425	H	08/03/15	Hampshire County ASA Championships	Waterlooville	Alton & Dist	1
2:42.62	420		24/11/13	Hampshire Schools 2013	Waterlooville	Alton & Dist	3
2:43.25	415		10/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
2:44.21	408		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2
2:44.70	405		02/11/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
2:45.14	401		07/04/13	Swim Bournemouth 3rd Annual Open Meet	Littledown	Alton & Dist	2
2:50.46	365	H	21/07/12	Fareham Nomads SC Summer Open Meet 2012	Southampton	Alton & Dist	3
2:50.63	364		24/11/12	Alton & District Club Championships	Alton	Alton & Dist	4
2:53.85	344		16/12/12	Swim Bournemouth 4th Christmas Meet	Bournemouth	Alton & Dist	2
2:57.31	324		11/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
2:57.40	324		11/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
2:59.56	312		15/04/12	Swim Bournemouth 2nd Annual Open Meet	Littledown	Alton & Dist	2
3:00.31	308		05/02/12	City of Southampton Open Meet	Southampton	Alton & Dist	2
3:06.26	280		26/11/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
3:54.59	140		20/11/10	Alton & District Club Champs	Alton	Alton & Dist	4

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