

Individual Best Times (All Time)

Ella Hamilton - (806044) - Rushmoor Royals SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:39.13	568	F	03/11/18	City of Cardiff Capital Open Meet	Cardiff	Rushmoor Ryl	2
4:40.96	557	H	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
4:41.67	553	H	17/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot	Alton & Dist	2
4:43.52	542	F	24/06/17	Alton District Club Championships	Alton	Alton & Dist	4
4:46.94	523	F	31/10/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
4:47.32	521	F	25/06/16	Alton District Club Championships	Alton	Alton & Dist	4
4:50.11	506	H	23/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
5:02.42	447		06/04/14	Swim Bournemouth 4th Annual Open Meet	Bournemouth	Alton & Dist	2
5:22.79	367		16/12/12	Swim Bournemouth 4th Christmas Meet	Bournemouth	Alton & Dist	2
5:28.65	348		19/01/13	Alton & District SC Club Championships	Alton	Alton & Dist	4
5:32.01	338		21/10/12	City of Southampton James Moreno Meet	Southampton	Alton & Dist	2
5:53.26	280		21/01/12	Alton & District Club Championships	Alton	Alton & Dist	4
7:29.48	136		06/11/10	Alton & District Club Champs	Alton	Alton & Dist	4

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