

Individual Best Times (All Time)

Isobel Lancaster - (805739) - West Suffolk Swimming Club - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:30.92	259		28/06/15	Suffolk County ASA Development Championships	Newmarket	Stowmarket	3
3:33.04	252		22/06/14	Suffolk County ASA Development Championships	Newmarket	Stowmarket	3
3:34.68	246		22/11/14	Stowmarket Club Champs	Stowmarket	Stowmarket	4
3:38.11	234	F	18/01/15	Teamipswich Swimming January Open Meet	Ipswich	Stowmarket	3
3:39.89	229	F	09/10/21	Stowmarket SC Club Championships	Stowmarket		4
3:42.78	220	F	11/05/13	West Suffolk SC Open Meet	Bury St Edmunds	Stowmarket	3
3:43.47	218		23/06/13	Suffolk County Development Championships	Newmarket	Stowmarket	3
3:50.69	198		17/11/12	Stowmarket Swimming Club Championships	Stowmarket	Stowmarket	4
4:02.98	169	F	08/07/12	City of Norwich Mid Summer Madness	Norwich	Stowmarket	3
4:43.13	107		19/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	4

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