

Individual Best Times (All Time)

Isobel Lancaster - (805739) - West Suffolk Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
43.42	278	F	22/02/20	Stowmarket Sprint into Spring Open Meet	Stowmarket	Stowmarket	3
44.25	263	F	04/06/21	Stowmarket	Mid Suffolk LC		0
44.49	259	F	17/01/15	Teamipswich Swimming January Open Meet	Ipswich	Stowmarket	3
44.79	254	F	12/07/15	Teamipswich July Surprize Open 2015	Ipswich	Stowmarket	3
44.89	252	F	18/07/21	Stowmarket Swimming Club	Mid Suffolk		0
45.10	248		27/06/15	Suffolk County ASA Development Championships	Newmarket	Stowmarket	3
45.70	239		21/06/14	Suffolk County ASA Development Championships	Newmarket	Stowmarket	3
45.90	236		23/11/14	Stowmarket Club Champs	Stowmarket	Stowmarket	4
46.14	232	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	Stowmarket	3
46.19	231	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	Stowmarket	3
46.43	228	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	Stowmarket	3
46.45	227	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	Stowmarket	3
46.77	223		24/11/13	Stowmarket SC Club Championships	Stowmarket	Stowmarket	4
48.34	202	F	12/05/13	West Suffolk SC Open Meet	Bury St Edmunds	Stowmarket	3
48.68	197		22/06/13	Suffolk County Development Championships	Newmarket	Stowmarket	3
49.70	185		10/11/12	Stowmarket Swimming Club Championships	Stowmarket	Stowmarket	4
51.84	163	H	23/06/12	Suffolk County Development Meet	Newmarket	Stowmarket	3
52.44	158	F	07/07/12	City of Norwich Mid Summer Madness	Norwich	Stowmarket	3
56.83	124	H	15/01/12	teamipswich Swimming New Year Opener	Ipswich	Stowmarket	4
59.94	106		12/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	4
1:00.30	104		15/10/11	Deben SC Open Meet	Woodbridge	Stowmarket	3
1:02.84	92		15/05/11	Sudbury & District Two Day Meet	Sudbury	Stowmarket	4
1:02.96	91		25/06/11	Suffolk County ASA Development Competition	Newmarket	Stowmarket	3
1:03.53	89	H	10/07/11	teamipswich Summer Sprints	Ipswich	Stowmarket	3

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