

Individual Best Times (All Time)

Isobel Lancaster - (805739) - West Suffolk Swimming Club - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 1:14.71 | 304 | F | 12/07/15 | Teamipswich July Surprize Open 2015 | Ipswich | Stowmarket | 3 |
| 1:15.13 | 299 | | 27/06/15 | Suffolk County ASA Development Championships | Newmarket | Stowmarket | 3 |
| 1:15.45 | 295 | | 22/11/14 | Stowmarket Club Champs | Stowmarket | Stowmarket | 4 |
| 1:16.50 | 283 | F | 10/10/21 | Stowmarket SC Club Championships | Stowmarket | | 4 |
| 1:17.35 | 274 | F | 28/09/14 | Teamipswich SC Early Season Open Meet | Ipswich | Stowmarket | 3 |
| 1:19.40 | 253 | | 22/06/13 | Suffolk County Development Championships | Newmarket | Stowmarket | 3 |
| 1:20.32 | 244 | | 24/11/13 | Stowmarket SC Club Championships | Stowmarket | Stowmarket | 4 |
| 1:24.85 | 207 | | 10/11/12 | Stowmarket Swimming Club Championships | Stowmarket | Stowmarket | 4 |
| 1:39.46 | 128 | | 12/11/11 | Stowmarket Club Championships | Stowmarket | Stowmarket | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 1:16.50 | 283 | F | 10/10/21 | Stowmarket SC Club Championships | Stowmarket | | 4 |
| 1:14.71 | 304 | F | 12/07/15 | Teamipswich July Surprize Open 2015 | Ipswich | Stowmarket | 3 |
| 1:15.13 | 299 | | 27/06/15 | Suffolk County ASA Development Championships | Newmarket | Stowmarket | 3 |
| 1:15.45 | 295 | | 22/11/14 | Stowmarket Club Champs | Stowmarket | Stowmarket | 4 |
| 1:17.35 | 274 | F | 28/09/14 | Teamipswich SC Early Season Open Meet | Ipswich | Stowmarket | 3 |
| 1:20.32 | 244 | | 24/11/13 | Stowmarket SC Club Championships | Stowmarket | Stowmarket | 4 |
| 1:19.40 | 253 | | 22/06/13 | Suffolk County Development Championships | Newmarket | Stowmarket | 3 |
| 1:24.85 | 207 | | 10/11/12 | Stowmarket Swimming Club Championships | Stowmarket | Stowmarket | 4 |
| 1:39.46 | 128 | | 12/11/11 | Stowmarket Club Championships | Stowmarket | Stowmarket | 4 |