

Individual Best Times (All Time)

Isobel Lancaster - (805739) - West Suffolk Swimming Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:06.41	259		27/06/15	Suffolk County ASA Development Championships	Newmarket	Stowmarket	3
3:10.10	244		21/11/14	Stowmarket Club Champs	Stowmarket	Stowmarket	4
3:15.02	226		22/06/13	Suffolk County Development Championships	Newmarket	Stowmarket	3
3:23.15	200		25/11/12	Stowmarket Swimming Club Championships	Stowmarket	Stowmarket	4
3:37.85	162	H	23/06/12	Suffolk County Development Meet	Newmarket	Stowmarket	3
3:51.26	136		27/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	4

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