

# Individual Best Times (All Time)

Isobel Lancaster - (805739) - West Suffolk Swimming Club - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.12	303	F	23/02/20	Stowmarket Sprint into Spring Open Meet	Stowmarket	Stowmarket	3
34.32	298		23/11/14	Stowmarket Club Champs	Stowmarket	Stowmarket	4
34.34	297		28/06/15	Suffolk County ASA Development Championships	Newmarket	Stowmarket	3
34.48	294	H	07/03/15	Suffolk County Championships	Ipswich	Stowmarket	2
34.62	290		22/06/14	Suffolk County ASA Development Championships	Newmarket	Stowmarket	3
35.12	278	F	17/01/15	Teamipswich Swimming January Open Meet	Ipswich	Stowmarket	3
35.13	278	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	Stowmarket	3
35.25	275	F	04/06/21	Stowmarket	Mid Suffolk LC		0
35.40	271	F	18/07/21	Stowmarket Swimming Club	Mid Suffolk		0
35.47	270	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	Stowmarket	3
35.55	268	F	12/07/15	Teamipswich July Surprize Open 2015	Ipswich	Stowmarket	3
35.69	265	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	Stowmarket	3
35.73	264		01/12/13	Stowmarket SC Club Championships	Stowmarket	Stowmarket	4
36.63	245	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	Stowmarket	3
36.73	243		23/06/13	Suffolk County Development Championships	Newmarket	Stowmarket	3
38.15	217		17/11/12	Stowmarket Swimming Club Championships	Stowmarket	Stowmarket	4
38.66	208	F	07/07/12	City of Norwich Mid Summer Madness	Norwich	Stowmarket	3
41.61	167	H	14/01/12	teamipswich Swimming New Year Opener	Ipswich	Stowmarket	4
43.37	147		19/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	4
44.30	138		16/10/11	Deben SC Open Meet	Woodbridge	Stowmarket	3
45.37	129		26/06/11	Suffolk County ASA Development Competition	Newmarket	Stowmarket	3
45.95	124	H	10/07/11	teamipswich Summer Sprints	Ipswich	Stowmarket	3
46.86	117		15/05/11	Sudbury & District Two Day Meet	Sudbury	Stowmarket	4
1:15.94	27		15/11/09	Stowmarket Club Champs	Mid Suffolk Leisure	Stowmarket	4

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