

Individual Best Times (All Time)

Sarah Hickson - (804130) - Ellesmere Port SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:01.25	452	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Ellesmere Pt	2
5:01.25	452	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Ellesmere Pt	2
5:01.25	452	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Ellesmere Pt	2
5:05.20	435	F	07/11/15	Peninsular Championship Galas	Birkenhead	Ellesmere Pt	3
5:09.51	417	H	17/10/15	Liverpool & District Age Group & Swimming Champs	Everton		2
5:10.57	413	F	02/05/15	Wrexham 12th Spring Meet 2015	Wrexham	Ellesmere Pt	2
5:14.25	398	F	24/05/15	Conwy County Aquatics Whitsun Meet	Llandudno	Ellesmere Pt	2
5:37.44	322	F	25/05/14	Swim Conway Whitsun Meet	Llandudno	Ellesmere Pt	2
5:58.15	269	F	01/12/13	Penisular Club Championships	Birkenhead	Ellesmere Pt	4

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