

Individual Best Times (All Time)

Joseph Harouma - (802718) - Newham & University of East Lond - 200 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:36.29	130	F	02/10/10	Redbridge Early Qualifier	Fullwell Cross	Bo Newham	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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