

Individual Best Times (All Time)

Reef Hook - (801500) - Ealing SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.46	468	F	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
28.47	468	H	05/11/16	London Region Winter Championships	Stratford	Ealing	2
29.10	438	F	21/11/15	Guildford City SC November L2 Open Meet	Surrey	Ealing	2
29.27	431	H	01/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Ealing	2
29.59	417	H	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
29.81	408	F	05/11/16	London Region Winter Championships	Stratford	Ealing	2
29.86	405	F	14/02/15	Middlesex County Championships 2015	Barnet	Ealing	2
29.96	401	H	14/02/15	Middlesex County Championships 2015	Barnet		2
30.15	394	F	23/11/14	Guildford City County Qualifier Meet	Guildford	Ealing	2
30.91	365	F	08/02/14	Ealing L3 February Open Meet 2014	Ealing	Ealing	3
30.95	364	F	22/03/14	Middlesex County Championships	Enfield	Ealing	2
33.12	297	F	12/03/13	Middlesex County Championships	Enfield	Ealing	2
33.32	292	F	02/02/13	Ealing L3 Open Meet	Northolt	Ealing	3
35.06	250	F	06/10/12	MCASA Short Course Championships	Northolt	Ealing	2
37.41	206	H	19/05/12	Windsor SC Level 3 Open Meet	Maidenhead	Ealing	3
38.22	193	F	11/02/12	Ealing Short Course Open Meet	Ealing	Ealing	3
38.24	193	F	26/02/12	Middlesex County Championships	Enfield	Ealing	2
39.50	175		19/11/11	Borough of Harrow Winter Open Meet	Barnet	Ealing	2
41.02	156	F	03/04/11	Middlesex County Spring Development Meet	Enfield	Ealing	4
41.17	154	H	21/05/11	Windsor Open Meet	Maidenhead	Ealing	3
44.73	120	F	21/11/10	Ealing Development Meet	Northolt	Ealing	4
45.19	117	F	23/10/10	Middlesex Autumn Development Meet	Enfield	Ealing	4
46.23	109	F	21/11/09	Ealing Development Meet	Ealing	Ealing	4

Swims in Date Order

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28.46	468	F	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
29.59	417	H	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
29.86	405	F	14/02/15	Middlesex County Championships 2015	Barnet	Ealing	2
29.96	401	H	14/02/15	Middlesex County Championships 2015	Barnet		2
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30.95	364	F	22/03/14	Middlesex County Championships	Enfield	Ealing	2
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