Individual Best Times (All Time)

Simon Sweatman - (800178) - Millfield - 400 Individual Medley - Short Course

Drag to Zoom, right click to reset.

Swims in Time Order

Performance Graph

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:56.49	496	Н	05/11/16	ASA SWR Winter Championships	Millfield	Millfield	2
4:59.78	480	Н	07/02/16	Worcester County SA County Championships	Wolverhampton	Pershore	2
5:32.53	352	Н	24/10/14	Worcester 18th Open Meet	Worcester		3
5:37.72	336	Н	01/03/14	Worcester County Championships	Wolverhampton	Pershore	2
5:47.82	307	Н	25/10/13	Worcester SC 17th Open Meet	Worcester	Pershore	3
6:03.74	269	Н	03/03/13	Worcester County Championships	Wolverhampton	Pershore	2
6:29.48	219	F	13/05/12	Gloucester City SC L2 Open Meet	Gloucester	Pershore	2

Swims in Date Order

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