

Individual Best Times (All Time)

Alice Smail - (800108) - City of Cambridge SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|----------------------------------|------------|-----------------|-------|
| 4:45.39 | 532 | F | 02/07/13 | Teddington Club Championships | Teddington | Teddington | 4 |
| 4:46.77 | 524 | F | 03/11/13 | Ealing Level 3 November Meet | Northolt | Teddington | 3 |
| 4:50.70 | 503 | F | 22/03/14 | Middlesex County Championships | Enfield | Teddington | 2 |
| 4:55.57 | 479 | F | 12/03/13 | Middlesex County Championships | Enfield | Teddington | 2 |
| 5:01.22 | 452 | F | 18/03/12 | Middlesex County Championships | Enfield | Teddington | 2 |
| 5:07.72 | 424 | F | 12/11/12 | Teddington SC Club Championships | Teddington | Teddington | 4 |
| 5:52.05 | 283 | F | 13/03/11 | Middlesex County Championships | Enfield | Teddington | 2 |

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