

Individual Best Times (All Time)

Rhiannon Brame - (799037) - Basildon and Phoenix SC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:51.55	284	H	26/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:51.55	284	H	26/11/16	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4