

# Individual Best Times (All Time)

Joseph Lenihan - (798062) - Sutton & Cheam SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet   | Venue             | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------------|-----------------|-------|
| 1:00.77 | 503    | F     | 11/11/17 | NASLS - ROUND TWO                              | HIGH WYCOMBE      | Sutton Cheam    | 3     |
| 1:00.96 | 498    | F     | 06/10/18 | Sutton and Cheam Club Championships            | Westcroft LC      | Sutton Cheam    | 4     |
| 1:01.04 | 496    | F     | 04/02/17 | Surrey Age Group Championships                 | Guildford         | Sutton Cheam    | 2     |
| 1:01.13 | 494    | H     | 04/02/17 | Surrey Age Group Championships                 | Guildford         | Sutton Cheam    | 2     |
| 1:01.16 | 493    | F     | 18/11/17 | Guildford City L2 Winter Meet                  | Guildford         | Sutton Cheam    | 2     |
| 1:01.19 | 492    | F     | 17/11/18 | Guildford City L2 Winter Open                  | Surrey SP         | Sutton Cheam    | 2     |
| 1:01.29 | 490    | F     | 09/12/17 | NASLS - Round Three                            | Woking            | Sutton Cheam    | 3     |
| 1:01.93 | 475    | F     | 15/07/18 | S&C Summer Time Splash                         | Westcroft LC      | Sutton Cheam    | 4     |
| 1:02.05 | 472    | F     | 16/07/17 | Sutton & Cheam Summertime Splash 2017          | Carshalton        | Sutton Cheam    | 3     |
| 1:02.59 | 460    | F     | 17/12/17 | LBS Borough Championships                      | Westcroft Leisure | Sutton Cheam    | 4     |
| 1:02.89 | 453    | F     | 12/11/16 | NASLS Round 2                                  | Margate           | Sutton Cheam    | 3     |
| 1:02.89 | 453    | F     | 12/11/17 | Sutton & Cheam Club Championships              | Carshalton        | Sutton Cheam    | 4     |
| 1:03.27 | 445    | H     | 05/11/16 | London Region Winter Championships             | Stratford         | Sutton Cheam    | 2     |
| 1:03.29 | 445    | F     | 19/11/16 | Guildford L2 Winter Qualifier Champs           | Guildford         | Sutton Cheam    | 2     |
| 1:03.34 | 444    | H     | 27/11/16 | Bexley Short Course Meet                       | Bexleyheath       | Sutton Cheam    | 3     |
| 1:03.45 | 441    | F     | 05/11/16 | London Region Winter Championships             | Stratford         | Sutton Cheam    | 2     |
| 1:03.64 | 437    | F     | 19/11/16 | Guildford L2 Winter Qualifier Champs           | Guildford         | Sutton Cheam    | 2     |
| 1:03.88 | 433    | F     | 13/11/16 | Sutton & Cheam Club Championships 2016         | Kingswood         | Sutton Cheam    | 4     |
| 1:04.40 | 422    | F     | 10/07/16 | Sutton & Cheam Summertime Splash               | Carshalton        | Sutton Cheam    | 3     |
| 1:04.64 | 417    | F     | 08/01/17 | London Boro Sutton Annual Swimming Champs      | Carshalton        | Sutton Cheam    | 4     |
| 1:05.17 | 407    | F     | 21/11/15 | Guildford City SC November L2 Open Meet        | Surrey            | Sutton Cheam    | 2     |
| 1:05.27 | 405    | H     | 18/10/15 | ASA National County Teams Division 1           | Sheffield         | Sutton Cheam    | 2     |
| 1:07.18 | 372    | F     | 17/01/16 | London Borough of Sutton Borough Championships | Carshalton        | Sutton Cheam    | 4     |
| 1:07.58 | 365    |       | 27/09/15 | Sutton & Cheam SC 2015 Club Championships      | Carshalton        | Sutton Cheam    | 4     |
| 1:07.82 | 361    | F     | 14/02/15 | Surrey Age Group Championships                 | Guildford         | Sutton Cheam    | 2     |
| 1:08.38 | 353    | F     | 23/11/14 | Guildford City County Qualifier Meet           | Guildford         | Sutton Cheam    | 2     |
| 1:08.40 | 350    | F     | 10/07/15 | LBSA Solihull Club                             | Carshalton        | Sutton Cheam    | 4     |

|         |     |   |          |  |               |              |   |
|---------|-----|---|----------|--|---------------|--------------|---|
| 1:06.40 | 332 |   | 12/07/13 | LBSSA Splash Gala                          | Carshalton    | Sutton Cheam |   |
| 1:08.42 | 352 | F | 13/12/14 | NASLS 2014 Round Three                     | Dover         | Sutton Cheam | 3 |
| 1:08.46 | 351 | H | 14/02/15 | Surrey Age Group Championships             | Guildford     | Sutton Cheam | 2 |
| 1:09.59 | 334 |   | 17/01/15 | LBSSA Swimming Championships               | Sutton        | Sutton Cheam | 4 |
| 1:11.36 | 310 | F | 16/03/14 | British Gas Surrey Age Group Championships | Guildford     | Sutton Cheam | 2 |
| 1:11.51 | 308 | H | 22/06/14 | Havant & Waterlooville Midsummer Open 2014 | Waterlooville | Sutton Cheam | 3 |
| 1:11.78 | 305 | F | 08/11/14 | NASL2014 Round 2                           | Bexleyheath   | Sutton Cheam | 3 |
| 1:11.93 | 303 |   | 20/09/14 | Sutton & Cheam Club Championships          | Carshalton    | Sutton Cheam | 4 |
| 1:11.96 | 302 | F | 01/12/13 | Atlantis Christmas Cracker Open Meet       | Horsham       | Sutton Cheam | 3 |
| 1:12.42 | 297 | H | 16/03/14 | British Gas Surrey Age Group Championships | Guildford     | Sutton Cheam | 2 |
| 1:12.68 | 294 | F | 11/10/14 | National Swimming Arena South 2014 R 1     | Beckenham     | Sutton Cheam | 3 |
| 1:14.54 | 272 | F | 06/07/13 | Haslemere Summer Open Meet                 | Haslemere     | Sutton Cheam | 3 |
| 1:16.68 | 250 |   | 28/09/13 | Sutton & Cheam Annual Club Championships   | Carshalton    | Sutton Cheam | 4 |
| 1:19.54 | 224 | F | 19/05/13 | Woking SC B C Grade Octopus Open Meet      | Woking        | Sutton Cheam | 3 |

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| 1:00.96 | 498    | F     | 06/10/18 | Sutton and Cheam Club Championships            | Westcroft LC      | Sutton Cheam    | 4     |
| 1:01.93 | 475    | F     | 15/07/18 | S&C Summer Time Splash                         | Westcroft LC      | Sutton Cheam    | 4     |
| 1:02.59 | 460    | F     | 17/12/17 | LBS Borough Championships                      | Westcroft Leisure | Sutton Cheam    | 4     |
| 1:01.29 | 490    | F     | 09/12/17 | NASLS - Round Three                            | Woking            | Sutton Cheam    | 3     |
| 1:01.16 | 493    | F     | 18/11/17 | Guildford City L2 Winter Meet                  | Guildford         | Sutton Cheam    | 2     |
| 1:02.89 | 453    | F     | 12/11/17 | Sutton & Cheam Club Championships              | Carshalton        | Sutton Cheam    | 4     |
| 1:00.77 | 503    | F     | 11/11/17 | NASLS - ROUND TWO                              | HIGH WYCOMBE      | Sutton Cheam    | 3     |
| 1:02.05 | 472    | F     | 16/07/17 | Sutton & Cheam Summertime Splash 2017          | Carshalton        | Sutton Cheam    | 3     |
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| 1:03.45 | 441    | F     | 05/11/16 | London Region Winter Championships             | Stratford         | Sutton Cheam    | 2     |
| 1:03.27 | 445    | H     | 05/11/16 | London Region Winter Championships             | Stratford         | Sutton Cheam    | 2     |
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