

Individual Best Times (All Time)

Joseph Lenihan - (798062) - Sutton & Cheam SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.40	471	F	14/07/18	S&C Summer Time Splash	Westcroft LC	Sutton Cheam	4
28.40	471	F	17/11/18	Guildford City L2 Winter Open	Surrey SP	Sutton Cheam	2
28.56	463	F	18/11/17	Guildford City L2 Winter Meet	Guildford	Sutton Cheam	2
28.88	448	F	17/12/17	LBS Borough Championships	Westcroft Leisure	Sutton Cheam	4
28.96	445	F	12/11/17	Sutton & Cheam Club Championships	Carshalton	Sutton Cheam	4
29.14	436	F	09/12/18	S&C Santa's Splash and Dash	Westcroft	Sutton Cheam	4
29.20	434	F	06/10/18	Sutton and Cheam Club Championships	Westcroft LC	Sutton Cheam	4
29.66	414	F	15/07/17	Sutton & Cheam Summertime Splash 2017	Carshalton	Sutton Cheam	3
29.70	412	F	11/12/16	Sutton & Cheam Santa's Splash	Carshalton	Sutton Cheam	4
29.75	410	H	05/11/16	London Region Winter Championships	Stratford	Sutton Cheam	2
29.79	408	F	19/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Sutton Cheam	2
29.91	403	F	09/07/16	Sutton & Cheam Summertime Splash	Carshalton	Sutton Cheam	3
29.95	402	F	07/01/17	London Boro Sutton Annual Swimming Champs	Carshalton	Sutton Cheam	4
30.08	397	F	16/10/16	Sutton & Cheam Club Championships 2016	Kingswood	Sutton Cheam	4
30.08	397	F	15/12/18	LB Sutton Borough Championships	Westcroft	Sutton Cheam	4
31.08	360	H	16/01/16	Epsom District Winter Open	Epsom	Sutton Cheam	3
31.19	356	F	17/01/16	London Borough of Sutton Borough Championships	Carshalton	Sutton Cheam	4
31.20	355	H	28/11/15	Bexley Short Course Open	Bexleyheath		3
31.54	344		18/10/15	ASA National County Teams Division 1	Sheffield	Sutton Cheam	2
31.60	342	F	21/11/15	Guildford City SC November L2 Open Meet	Surrey	Sutton Cheam	2
32.22	323		12/07/15	LBSSA Splash Gala	Carshalton	Sutton Cheam	4
32.24	322		17/01/15	LBSSA Swimming Championships	Sutton	Sutton Cheam	4
32.62	311	H	06/07/14	Beckenham Summer Development Meet	Beckenham	Sutton Cheam	3
33.14	296		19/10/14	Sutton & Cheam Club Championships	Carshalton	Sutton Cheam	4
33.53	286	H	22/06/14	Havant & Waterlooville Midsummer Open 2014	Waterlooville	Sutton Cheam	3
34.31	267	F	07/07/13	Haslemere Summer Open Meet	Haslemere	Sutton Cheam	3
34.60	258	F	14/12/13	London National Area Swimming League	Eltham	Sutton Cheam	3

34.69	230	F	14/12/13	London National Arena Swimming League	Eltham	Sutton Cheam	3
34.96	252	F	09/11/13	The National Arena League London Div 1	Becontree	Sutton Cheam	3
35.08	250		27/10/13	Sutton & Cheam Annual Club Championships	Carshalton	Sutton Cheam	4
35.34	244	F	12/10/13	The National Arena Swimming League London	Harlow	Sutton Cheam	3
35.72	237	F	24/11/12	Atlantis Christmas Cracker Open Meet	Horsham	Sutton Cheam	3
38.18	194		21/10/12	Sutton & Cheam Club Championships	South Croydon	Sutton Cheam	4
38.55	188	F	08/07/12	Haslemere SC Summer Open Meet	Haslemere	Sutton Cheam	3
40.89	158	F	26/11/11	Atlantis Horsham Christmas Cracker Meet	Horsham	Sutton Cheam	3
44.27	124	F	22/05/11	Woking SC B C Grade Octopus Open Meet	Woking	Sutton Cheam	3
46.66	106	F	10/07/11	Haslemere Summer Open Meet	Haslemere	Sutton Cheam	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.08	397	F	15/12/18	LB Sutton Borough Championships	Westcroft	Sutton Cheam	4
29.14	436	F	09/12/18	S&C Santa's Splash and Dash	Westcroft	Sutton Cheam	4
28.40	471	F	17/11/18	Guildford City L2 Winter Open	Surrey SP	Sutton Cheam	2
29.20	434	F	06/10/18	Sutton and Cheam Club Championships	Westcroft LC	Sutton Cheam	4
28.40	471	F	14/07/18	S&C Summer Time Splash	Westcroft LC	Sutton Cheam	4
28.88	448	F	17/12/17	LBS Borough Championships	Westcroft Leisure	Sutton Cheam	4
28.56	463	F	18/11/17	Guildford City L2 Winter Meet	Guildford	Sutton Cheam	2
28.96	445	F	12/11/17	Sutton & Cheam Club Championships	Carshalton	Sutton Cheam	4
29.66	414	F	15/07/17	Sutton & Cheam Summertime Splash 2017	Carshalton	Sutton Cheam	3
29.95	402	F	07/01/17	London Boro Sutton Annual Swimming Champs	Carshalton	Sutton Cheam	4
29.70	412	F	11/12/16	Sutton & Cheam Santa's Splash	Carshalton	Sutton Cheam	4
29.79	408	F	19/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Sutton Cheam	2
29.75	410	H	05/11/16	London Region Winter Championships	Stratford	Sutton Cheam	2
30.08	397	F	16/10/16	Sutton & Cheam Club Championships 2016	Kingswood	Sutton Cheam	4
29.91	403	F	09/07/16	Sutton & Cheam Summertime Splash	Carshalton	Sutton Cheam	3
31.19	356	F	17/01/16	London Borough of Sutton Borough Championships	Carshalton	Sutton Cheam	4
31.08	360	H	16/01/16	Epsom District Winter Open	Epsom	Sutton Cheam	3
31.20	355	H	28/11/15	Bexley Short Course Open	Bexleyheath		3
31.60	342	F	21/11/15	Guildford City SC November L2 Open Meet	Surrey	Sutton Cheam	2
31.54	344		18/10/15	ASA National County Teams Division 1	Sheffield	Sutton Cheam	2
32.22	323		12/07/15	LBSSA Splash Gala	Carshalton	Sutton Cheam	4
32.24	322		17/01/15	LBSSA Swimming Championships	Sutton	Sutton Cheam	4
33.14	296		19/10/14	Sutton & Cheam Club Championships	Carshalton	Sutton Cheam	4
32.62	311	H	06/07/14	Beckenham Summer Development Meet	Beckenham	Sutton Cheam	3
33.53	286	H	22/06/14	Havant & Waterlooville Midsummer Open 2014	Waterlooville	Sutton Cheam	3
34.69	258	F	14/12/13	London National Arena Swimming League	Eltham	Sutton Cheam	3
34.96	252	F	09/11/13	The National Arena League London Div 1	Becontree	Sutton Cheam	3
35.08	250		27/10/13	Sutton & Cheam Annual Club Championships	Carshalton	Sutton Cheam	4
35.34	244	F	12/10/13	The National Arena Swimming League London	Harlow	Sutton Cheam	3
34.31	267	F	07/07/13	Haslemere Summer Open Meet	Haslemere	Sutton Cheam	3
35.72	237	F	24/11/12	Atlantis Christmas Cracker Open Meet	Horsham	Sutton Cheam	3
38.18	194		21/10/12	Sutton & Cheam Club Championships	South Croydon	Sutton Cheam	4
38.55	188	F	08/07/12	Haslemere SC Summer Open Meet	Haslemere	Sutton Cheam	3
40.89	158	F	26/11/11	Atlantis Horsham Christmas Cracker Meet	Horsham	Sutton Cheam	3
46.66	106	F	10/07/11	Haslemere Summer Open Meet	Haslemere	Sutton Cheam	3
44.27	124	F	22/05/11	Woking SC B C Grade Octopus Open Meet	Woking	Sutton Cheam	3