

Individual Best Times (All Time)

Joseph Lenihan - (798062) - Sutton & Cheam SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|------------------------------------------------|-------------------|-----------------|-------|
| 25.37 | 501 | F | 09/12/18 | S&C Santa's Splash and Dash | Westcroft | Sutton Cheam | 4 |
| 25.42 | 498 | F | 07/10/18 | Sutton and Cheam Club Championships | Westcroft LC | Sutton Cheam | 4 |
| 25.57 | 490 | H | 04/11/18 | 2018 London Swimming Regional Winter Champs | London | Sutton Cheam | 2 |
| 25.64 | 486 | F | 16/12/17 | LBS Borough Championships | Westcroft Leisure | Sutton Cheam | 4 |
| 25.92 | 470 | F | 14/07/18 | S&C Summer Time Splash | Westcroft LC | Sutton Cheam | 4 |
| 25.94 | 469 | F | 12/11/17 | Sutton & Cheam Club Championships | Carshalton | Sutton Cheam | 4 |
| 26.01 | 465 | F | 18/11/17 | Guildford City L2 Winter Meet | Guildford | Sutton Cheam | 2 |
| 26.10 | 460 | F | 15/07/17 | Sutton & Cheam Summertime Splash 2017 | Carshalton | Sutton Cheam | 3 |
| 26.31 | 449 | F | 19/11/16 | Guildford L2 Winter Qualifier Champs | Guildford | Sutton Cheam | 2 |
| 26.61 | 434 | F | 19/11/16 | Guildford L2 Winter Qualifier Champs | Guildford | Sutton Cheam | 2 |
| 26.73 | 429 | F | 15/10/16 | Sutton & Cheam Club Championships 2016 | Kingswood | Sutton Cheam | 4 |
| 26.87 | 422 | F | 11/12/16 | Sutton & Cheam Santa's Splash | Carshalton | Sutton Cheam | 4 |
| 27.28 | 403 | F | 09/07/16 | Sutton & Cheam Summertime Splash | Carshalton | Sutton Cheam | 3 |
| 28.23 | 364 | F | 17/01/16 | London Borough of Sutton Borough Championships | Carshalton | Sutton Cheam | 4 |
| 28.33 | 360 | F | 21/11/15 | Guildford City SC November L2 Open Meet | Surrey | Sutton Cheam | 2 |
| 28.43 | 356 | | 12/07/15 | LBSSA Splash Gala | Carshalton | Sutton Cheam | 4 |
| 28.50 | 353 | H | 16/01/16 | Epsom District Winter Open | Epsom | Sutton Cheam | 3 |
| 28.79 | 343 | F | 29/11/14 | Atlantis Horsham Christmas Cracker Meet | Horsham | Sutton Cheam | 3 |
| 28.97 | 336 | H | 28/11/15 | Bexley Short Course Open | Bexleyheath | | 3 |
| 29.30 | 325 | F | 23/11/14 | Guildford City County Qualifier Meet | Guildford | Sutton Cheam | 2 |
| 29.34 | 324 | | 17/01/15 | LBSSA Swimming Championships | Sutton | Sutton Cheam | 4 |
| 29.50 | 319 | | 18/10/14 | Sutton & Cheam Club Championships | Carshalton | Sutton Cheam | 4 |
| 30.24 | 296 | H | 22/06/14 | Havant & Waterlooville Midsummer Open 2014 | Waterlooville | Sutton Cheam | 3 |
| 31.14 | 271 | F | 09/11/13 | The National Arena League London Div 1 | Becontree | Sutton Cheam | 3 |
| 31.31 | 266 | | 26/10/13 | Sutton & Cheam Annual Club Championships | Carshalton | Sutton Cheam | 4 |
| 31.68 | 257 | F | 01/12/13 | Atlantis Christmas Cracker Open Meet | Horsham | Sutton Cheam | 3 |
| 32.16 | 247 | F | 14/12/13 | London National Arena Swimming League | Eltham | Sutton Cheam | 3 |

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|-------|-----|---|----------|-------------------------------------------|------------|--------------|---|
| 32.10 | 247 | F | 14/12/13 | London National Arena Swimming League | Eltham | Sutton Cheam | 3 |
| 32.22 | 244 | F | 07/07/13 | Haslemere Summer Open Meet | Haslemere | Sutton Cheam | 3 |
| 32.22 | 244 | F | 12/10/13 | The National Arena Swimming League London | Harlow | Sutton Cheam | 3 |
| 33.70 | 214 | F | 27/01/13 | Cranleigh SC Open Meet | Cranleigh | Sutton Cheam | 3 |
| 34.58 | 198 | F | 08/07/12 | Haslemere SC Summer Open Meet | Haslemere | Sutton Cheam | 3 |
| 34.84 | 193 | F | 25/11/12 | Atlantis Christmas Cracker Open Meet | Horsham | Sutton Cheam | 3 |
| 35.96 | 176 | F | 20/05/12 | Woking SC 3rd B C Grade Octopus Open Meet | Woking | Sutton Cheam | 3 |
| 36.24 | 172 | | 20/10/12 | Sutton & Cheam SC Club Championships | Sutton | Sutton Cheam | 4 |
| 36.63 | 166 | H | 08/01/12 | Icebreaker 2012 | Canterbury | Sutton Cheam | 3 |
| 37.31 | 157 | F | 27/11/11 | Atlantis Horsham Christmas Cracker Meet | Horsham | Sutton Cheam | 3 |
| 37.70 | 152 | F | 08/01/12 | Icebreaker 2012 | Canterbury | Sutton Cheam | 3 |
| 38.30 | 145 | F | 22/05/11 | Woking SC B C Grade Octopus Open Meet | Woking | Sutton Cheam | 3 |
| 40.00 | 128 | F | 10/07/11 | Haslemere Summer Open Meet | Haslemere | Sutton Cheam | 3 |
| 41.63 | 113 | | 16/10/10 | Sutton & Cheam Club Championships | Epsom | Sutton Cheam | 4 |

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