

# Individual Best Times (All Time)

Frederick Benians - (796803) - South Croydon SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.37	244		04/12/11	Croydon Amphibians Club Championships	Croydon	Plymouth Lea	4
35.64	238	F	15/10/11	Guildford Invitational Sprint Meet	Guildford	Plymouth Lea	4
38.76	185		06/11/10	Croydon Amphibians Club Champs	Croydon	Plymouth Lea	4
38.98	182		19/06/10	Croydon Borough Champs G4	South Croydon	Plymouth Lea	4
39.33	177	F	05/12/10	Atlantis Xmas Open Meet	Horsham	Plymouth Lea	2
39.76	171	F	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	Plymouth Lea	2
40.03	168	H	18/09/10	Ken Deeley 50m Sprint Meet	Brighton	Plymouth Lea	3
41.76	148	F	16/01/10	Surrey County Development	Guildford	Plymouth Lea	3
44.16	125		11/10/09	Croydon Amphibians Champs	Whitgift	Plymouth Lea	4
45.36	115	H	19/09/09	Ken Deeley Sprint Meet	Brighton	Plymouth Lea	3
45.75	112		16/05/09	Croydon Borough Champs	Croydon	Plymouth Lea	4
48.63	93		05/07/09	Godalming Summer B Grade	Cranleigh	Plymouth Lea	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
39.76	171	F	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	Plymouth Lea	2
35.37	244		04/12/11	Croydon Amphibians Club Championships	Croydon	Plymouth Lea	4
35.64	238	F	15/10/11	Guildford Invitational Sprint Meet	Guildford	Plymouth Lea	4
39.33	177	F	05/12/10	Atlantis Xmas Open Meet	Horsham	Plymouth Lea	2
38.76	185		06/11/10	Croydon Amphibians Club Champs	Croydon	Plymouth Lea	4
40.03	168	H	18/09/10	Ken Deeley 50m Sprint Meet	Brighton	Plymouth Lea	3
38.98	182		19/06/10	Croydon Borough Champs G4	South Croydon	Plymouth Lea	4
41.76	148	F	16/01/10	Surrey County Development	Guildford	Plymouth Lea	3
44.16	125		11/10/09	Croydon Amphibians Champs	Whitgift	Plymouth Lea	4
45.36	115	H	19/09/09	Ken Deeley Sprint Meet	Brighton	Plymouth Lea	3
48.63	93		05/07/09	Godalming Summer B Grade	Cranleigh	Plymouth Lea	4

45.75 112

16/05/09 Croydon Borough Champs

Croydon

Plymouth Lea

4