

Individual Best Times (All Time)

Frederick Benians - (796803) - South Croydon SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
25.69	483	H	07/12/13	ASA SWR Short Course Championships	Millfield	Plymouth Lea	2
25.87	473	F	20/02/14	Devon County Championships	Plymouth	Plymouth Lea	2
26.30	450	R	21/10/12	BG ASA National County Team Division 1	Sheffield	Plymouth Lea	2
26.55	437	F	01/12/12	South Croydon SC Club Championships	South Croydon	Plymouth Lea	4
27.94	375	F	15/10/11	Guildford Invitational Sprint Meet	Guildford	Plymouth Lea	4
28.10	369		26/11/11	Croydon Amphibians Club Championships	Croydon	Plymouth Lea	4
28.32	360		18/06/11	Croydon Borough Annual Champs	Croydon	Plymouth Lea	4
29.09	332	F	27/11/10	Guildford County Qualifer	Guildford	Plymouth Lea	2
30.30	294		23/10/10	Croydon Amphibians Club	Croydon	Plymouth Lea	4
32.83	231		10/04/10	Croydon Borough Annual Champs	South Croydon	Plymouth Lea	4
35.58	181		03/10/09	Croydon Amphibians Champs	Whitgift	Plymouth Lea	4
35.60	181		06/12/09	Atlantis Christmas Cracker	Horsham	Plymouth Lea	2
37.43	156	H	19/09/09	Ken Deeley Sprint Meet	Brighton	Plymouth Lea	3
40.03	127		05/07/09	Godalming Summer B Grade	Cranleigh	Plymouth Lea	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
25.87	473	F	20/02/14	Devon County Championships	Plymouth	Plymouth Lea	2
25.69	483	H	07/12/13	ASA SWR Short Course Championships	Millfield	Plymouth Lea	2
26.55	437	F	01/12/12	South Croydon SC Club Championships	South Croydon	Plymouth Lea	4
26.30	450	R	21/10/12	BG ASA National County Team Division 1	Sheffield	Plymouth Lea	2
28.10	369		26/11/11	Croydon Amphibians Club Championships	Croydon	Plymouth Lea	4
27.94	375	F	15/10/11	Guildford Invitational Sprint Meet	Guildford	Plymouth Lea	4
28.32	360		18/06/11	Croydon Borough Annual Champs	Croydon	Plymouth Lea	4
29.09	332	F	27/11/10	Guildford County Qualifer	Guildford	Plymouth Lea	2
30.30	294		23/10/10	Croydon Amphibians Club	Croydon	Plymouth Lea	4

32.83	231		10/04/10	Croydon Borough Annual Champs	South Croydon	Plymouth Lea	4
35.60	181		06/12/09	Atlantis Christmas Cracker	Horsham	Plymouth Lea	2
35.58	181		03/10/09	Croydon Amphibians Champs	Whitgift	Plymouth Lea	4
37.43	156	H	19/09/09	Ken Deeley Sprint Meet	Brighton	Plymouth Lea	3
40.03	127		05/07/09	Godalming Summer B Grade	Cranleigh	Plymouth Lea	4