

Individual Best Times (All Time)

Becky Loft - (795570) - Preston Swimming Club - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:30.18	627	H	24/10/15	Manchester International Meet 2015	Manchester	Co Manch Aq	2
4:31.25	620	H	08/11/15	ASA North West Region Winter Championships	Liverpool		2
4:44.60	536	F	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	Co Manch Aq	2
4:45.03	534	F	17/11/13	Wigan BEST Future Stars Meet	Wigan	Co Manch Aq	1
4:45.84	529	H	28/09/13	Greater Manchester Autumn Meet 2013	Manchester	Co Manch Aq	3
4:52.83	492	H	28/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	Co Manch Aq	2
4:57.69	469	H	18/11/12	Stafford Apex Licensed Meet	Stafford	Co Manch Aq	2
4:58.46	465	H	06/10/12	Central Lancs SA Warburton Age Groups	Salford	Co Manch Aq	3
4:58.62	464	H	14/04/13	Central Lancs Warburton Age Groups	Salford	Co Manch Aq	3
5:02.56	446	F	15/07/12	Biddulph ASC 11th Open Meet	Biddulph	Co Manch Aq	3
5:07.99	423	F	21/09/19	Warriors of Warrington Club Championships 2019	Orford Jubilee	Warrington W	4
5:11.23	410	H	31/03/12	City of Salford Spring Meet	Salford	Co Manch Aq	3
5:21.42	372	H	19/11/11	Central Lancs Assoc Warburton Age Groups	Wigan	Co Manch Aq	3
5:23.66	364	F	21/10/11	Wigan Best First Future Stars Open Meet	Wigan	Co Manch Aq	2
5:25.95	357	H	29/10/11	City of Salford Potential Olympian Gala	Salford	Co Manch Aq	2
5:31.69	339	F	02/07/11	Aquabears of Rochdale Open Summer Meet	Salford	Co Manch Aq	3
5:36.86	323	H	17/07/11	The City of Salford Summer Spectacular	Salford	Co Manch Aq	3
5:45.20	300	H	30/04/11	City of Salford Spring Meet	Salford	Co Manch Aq	3
5:50.50	287	H	09/04/11	Harrogate District A B Grade Meet	Harrogate	Co Manch Aq	3
5:58.74	268	H	30/10/10	City of Salford Gala	Salford	Co Manch Aq	2
6:03.20	258	H	05/02/11	Central Lancashire Prelim Age Group Galas	Salford	Co Manch Aq	3
6:16.53	231	F	03/07/10	Aquabears of Rochdale	Salford	Co Manch Aq	3
6:24.13	218	H	23/10/10	Harrogate Junior Open Meet	Harrogate	Co Manch Aq	2
6:27.05	213	H	24/04/10	Harrogate A&B Grade Meet	Harrogate	Co Manch Aq	3

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