## Individual Best Times (All Time)

Lauren Vickers - (795382) - Alnwick Dolphin SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

2:58.95 3:02.22	425 402	Н	29/03/15				
3:02.22	402			Tynedale Invitational Gala	Hexham		3
		Н	25/04/15	Chester le Street Open Meet	Chester-le-Street		3
3:02.23	402		09/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	Alnwick Dol	4
3:02.44	401		11/07/15	Alnwick Dolphins Club Championships	Alnwick	Alnwick Dol	4
3:08.52	363	F	29/06/18	Alnwick Dolphins 2018 Club Championships	Alnwick	Alnwick Dol	4
3:11.77	345		04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	Alnwick Dol	4
3:13.65	335	Н	08/06/14	Derwentside ASC 5th Annual Charity Swim Meet	Stanley		3
3:14.51	331	Н	07/04/13	Tynedale ASC Invitational Meet	Tynedale	Alnwick Dol	3
3:14.62	330		15/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	Alnwick Dol	4
3:20.50	302	Н	12/01/13	Newburn ASC New Year Graded Meet	Stanley	Alnwick Dol	3
3:33.04	252	Н	28/04/12	Chester le Street Open Meet	Stanley	Alnwick Dol	4
3:46.65	209		02/07/11	Gateshead & Whickham Summer Meet	Dunston	Alnwick Dol	4
3:47.81	206		12/11/11	North East Invitational Series Meet	Alnwick	Alnwick Dol	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:08.52	363	F	29/06/18	Alnwick Dolphins 2018 Club Championships	Alnwick	Alnwick Dol	4
3:02.23	402		09/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	Alnwick Dol	4
3:02.44	401		11/07/15	Alnwick Dolphins Club Championships	Alnwick	Alnwick Dol	4
3:02.22	402	Н	25/04/15	Chester le Street Open Meet	Chester-le-Street		3
2:58.95	425	Н	29/03/15	Tynedale Invitational Gala	Hexham		3
3:11.77	345		04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	Alnwick Dol	4
3:13.65	335	Н	08/06/14	Derwentside ASC 5th Annual Charity Swim Meet	Stanley		3
3:14.62	330		15/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	Alnwick Dol	4
3:14.51	331	Н	07/04/13	Tynedale ASC Invitational Meet	Tynedale	Alnwick Dol	3
3:20.50 yright 2024	302 1	Н	12/01/13	Newburn ASC New Year Graded Meet	Stanley	Alnwick Dol Powered By SPORT	3 SYSTEN

3:33.04	252	Н	28/04/12	Chester le Street Open Meet	Stanley	Alnwick Dol	4
3:47.81	206		12/11/11	North East Invitational Series Meet	Alnwick	Alnwick Dol	4
3:46.65	209		02/07/11	Gateshead & Whickham Summer Meet	Dunston	Alnwick Dol	4

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