

Individual Best Times (All Time)

Dermot O'Doherty - (792925) - Basildon and Phoenix SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.20	456	H	25/10/15	Essex Senior Short Course Championships 2015	Basildon		2
2:17.67	451	H	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
2:18.43	444	H	08/11/15	ASA East Region Winter Championships 2015	Luton		2
2:24.05	394	H	30/11/14	Essex Senior Junior Championships	Basildon		2
2:26.92	371	H	04/01/15	Basildon & Phoenix Winter Meet	Basildon		2
2:26.97	371	H	15/02/15	Essex County Age Group Championships 2015	Basildon		2
2:37.81	299	H	12/01/14	Basildon & Phoenix Last Chance County	Basildon	Basildon Ph	3
2:38.82	294	H	22/04/12	Black Lion SC Level 3 Spring Open Meet	Gillingham	Basildon Ph	3
2:41.11	281	H	23/03/13	Essex County Age Group Championships	Basildon	Basildon Ph	2
2:41.33	280	F	20/04/13	London Borough of Redbridge Regional Meet	Barking	Basildon Ph	3
2:41.67	278	H	31/03/12	Essex County Championships	Basildon	Basildon Ph	2
2:45.73	258		04/12/11	Canvey Island Annual Winter Meet	Thurrock	Basildon Ph	3
2:50.47	237	H	05/11/11	Thurrock SC County Qualifier 2011	Grays	Basildon Ph	3
2:51.44	233	H	08/10/11	Thurrock SC Season Opener 2011	Grays	Basildon Ph	2
2:52.05	231	H	26/03/11	Essex County Championships	Braintree	Basildon Ph	2
2:56.65	213	H	08/05/11	Thurrock 200 Meet	Grays	Basildon Ph	2
2:59.44	203	H	15/01/11	City of Cambridge Winter Open Meet	Cambridge	Basildon Ph	2
3:01.95	195	F	02/10/10	Redbridge Early Qualifier	Fullwell Cross	Basildon Ph	3
3:03.27	191		05/12/10	Canvey Island Winter Open	Canvey Island	Basildon Ph	3
3:05.81	183		06/11/10	Romford Town 3th Open Meet	Enfield	Basildon Ph	3
3:13.27	163	F	25/04/10	Boro Redbridge Sprint Meet	Barkingside	Basildon Ph	3

Swims in Date Order

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2:17.20	456	H	25/10/15	Essex Senior Short Course Championships 2015	Basildon		2

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2:26.92	371	H	04/01/15	Basildon & Phoenix Winter Meet	Basildon		2
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2:37.81	299	H	12/01/14	Basildon & Phoenix Last Chance County	Basildon	Basildon Ph	3
2:41.33	280	F	20/04/13	London Borough of Redbridge Regional Meet	Barking	Basildon Ph	3
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