

# Individual Best Times (All Time)

Connor Coupland - (788405) - Borough of Harrow S C - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:15.39	395	F	28/06/15	BHSC End of Season Early County Qualifier	Hendon	Bo Of Harrow	3
2:16.05	389	F	01/03/15	MCASA Spring Development Meet	Enfield	Bo Of Harrow	3
2:16.36	386	F	18/06/16	BHSC End of Season Open Meet 2016	Hendon	Bo Of Harrow	3
2:16.61	384	F	01/02/15	Hertsmere Flyers Last Chance No Frills Qualifier	Hendon	Bo Of Harrow	3
2:16.82	383	H	25/10/15	Team Luton Autumn Short Course Meet	Luton		3
2:16.93	382	F	28/02/16	Ealing February L3 Open Meet	Northolt	Bo Of Harrow	3
2:17.49	377	F	18/11/15	Borough of Harrow Last Chance Counties Meet	Northwood	Bo Of Harrow	4
2:17.57	376	F	29/11/14	BO Harrow Christmas Cracker Open Meet	Barnet	Bo Of Harrow	3
2:18.02	373	F	07/03/15	BHSC John Basford Memorial Trophy	Barnet	Bo Of Harrow	3
2:18.22	371	H	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
2:18.73	367	F	05/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	Bo Of Harrow	3
2:19.36	362	F	12/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	Bo Of Harrow	3
2:19.80	359	F	01/11/15	Ealing November Open Meet	Northolt	Bo Of Harrow	3
2:20.62	352	F	28/11/15	BHSC Christmas Cracker County Qualifier 2015	Barnet	Bo Of Harrow	3
2:20.96	350	H	18/10/14	Bishop's Stortford 6th Autumn Open Meet	Borehamwood		3
2:21.17	348	F	19/11/16	Enfield County Qualifier	Enfield	Bo Of Harrow	3
2:21.86	343	F	01/11/14	Ealing Level 3 Open Meet	Northolt	Bo Of Harrow	3
2:27.50	305	F	12/04/14	MCASA Spring Development Meet	Southbury	Bo Of Harrow	3
2:29.13	295	F	28/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
2:29.18	295	H	12/01/14	Basildon & Phoenix Last Chance County	Basildon	Bo Of Harrow	3
2:29.63	292	F	22/06/14	Borough of Harrow End of Season Open Meet	Barnet	Bo Of Harrow	3
2:29.86	291		11/05/14	Barnet Cophall Kate Lack Trophy Meet	Hendon	Bo Of Harrow	3
2:30.08	290	F	08/02/14	Ealing L3 February Open Meet 2014	Ealing	Bo Of Harrow	3
2:30.86	285	F	23/02/14	The Borough of Harrow John Basford Open Meet	London	Bo Of Harrow	3
2:30.90	285	F	19/01/14	Watford County Qualifier Open Meet	Watford	Bo Of Harrow	3
2:31.37	282	H	26/04/14	Team Luton 2014 Short Course Open Meet	Luton	Bo Of Harrow	3
2:32.60	270	F	15/12/13	BO Harrow Christmas Cracker 2013	Barnet	Bo Of Harrow	3

2:33.80	270	F	13/12/13	BOROUGH OF HARROW CHRISTMAS CRACKER 2013	Barnet	Bo Of Harrow	3
2:35.93	258	F	17/11/13	Middlesex ASA Winter Development Meet	Enfield	Bo Of Harrow	3
2:36.42	256	F	21/12/13	City of Peterborough Winter Open Meet	Peterborough	Bo Of Harrow	3
2:39.63	241	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Bo Of Harrow	3
2:41.19	234		20/10/13	Barnet Cophall 200m Meet	Hendon	Bo Of Harrow	3
2:41.39	233	F	03/11/13	The Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
2:41.74	231	H	27/04/13	Team Luton Spring Open Meet 2013	Luton	Bo Of Harrow	3
2:42.41	229	F	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	Bo Of Harrow	3
2:43.61	224	F	16/12/12	Borough of Harrow SC Christmas Cracker	London	Bo Of Harrow	3
2:45.11	217	F	12/01/13	Staines SC Black Swan County Qualifier	Staines	Bo Of Harrow	3
2:46.78	211	F	18/11/12	Middlesex ASA Winter Development Meet	Enfield	Bo Of Harrow	4
2:49.06	203	F	23/09/12	Borough of Harrow SC Club Championships	Harrow	Bo Of Harrow	4
2:53.67	187		11/02/12	Harrow & Wealdstone John Basford Open Meet	Barnet	Bo Of Harrow	4
2:54.06	186	F	15/04/12	Middlesex County ASA Spring Development	Enfield	Bo Of Harrow	4
2:55.38	181	F	17/06/12	Borough of Harrow SC End of Season Meet	Barnet	Bo Of Harrow	4
2:57.89	174	F	22/01/12	Hillingdon County Qualifier	Hillingdon	Bo Of Harrow	4
2:59.99	168	F	04/12/11	Middlesex County ASA Autumn Develop Meet	Enfield	Bo Of Harrow	4
3:01.40	164		13/05/12	Barnett Coptall SC Kate Lack Trophy Gala	Barnet	Bo Of Harrow	4
3:07.20	149	F	15/07/12	Staines SC Black Swan Summer Meet	Walton on Thames	Bo Of Harrow	3
3:11.02	140		25/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4
3:11.79	139		16/10/11	Barnet Cophall 200 Meet	Barnet	Bo Of Harrow	4
3:24.01	115		15/05/11	Barnet Cophall Kate Lock Meet	Barnet	Bo Of Harrow	1
3:26.58	111		09/07/11	Edmonton Phoenix Junior Open	Enfield	Bo Of Harrow	4
3:44.22	87		13/02/11	The Borough of Harrow John Basford Open Me	Barnet	Bo Of Harrow	4
3:52.83	77	F	03/04/11	Middlesex County Spring Development Meet	Enfield	Bo Of Harrow	4
4:01.30	69	F	08/01/11	Linslade Crusaders Last Chance Open Meet	Milton Keynes	Bo Of Harrow	4

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