

Individual Best Times (All Time)

Connor Coupland - (788405) - Borough of Harrow S C - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:01.97	378	F	03/12/17	BHSC Christmas Cracker County Qualifier 2017	Hendon	Bo Of Harrow	3
1:02.12	376	F	19/06/16	BHSC End of Season Open Meet 2016	Hendon	Bo Of Harrow	3
1:02.22	374	F	27/02/16	Ealing February L3 Open Meet	Northolt	Bo Of Harrow	3
1:02.30	372	F	20/11/16	Enfield County Qualifier	Enfield	Bo Of Harrow	3
1:02.34	372	H	25/09/16	BPSC Season Opener	Basildon	Bo Of Harrow	2
1:02.69	365	H	01/10/17	BPSC Season Opener 2017	Basildon	Bo Of Harrow	3
1:02.88	362	H	24/10/15	Team Luton Autumn Short Course Meet	Luton		3
1:02.94	361	H	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
1:03.10	358	F	06/03/16	Borough of Harrow Regional Qualifier 2016	Barnet	Bo Of Harrow	3
1:03.54	351	F	08/03/15	BHSC John Basford Memorial Trophy	Barnet	Bo Of Harrow	3
1:03.84	346	F	25/11/14	Bo Harrow County Time Trials	Northwood	Bo Of Harrow	4
1:04.05	343	F	27/06/15	BHSC End of Season Early County Qualifier	Hendon	Bo Of Harrow	3
1:04.13	341	F	04/12/16	Boro Harrow Christmas Cracker County Qualifier	Barnet	Bo Of Harrow	3
1:04.18	341	F	29/11/15	BHSC Christmas Cracker County Qualifier 2015	Barnet	Bo Of Harrow	3
1:04.26	339	F	11/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	Bo Of Harrow	3
1:04.44	336	F	29/11/14	BO Harrow Christmas Cracker Open Meet	Barnet	Bo Of Harrow	3
1:04.76	331	F	19/11/15	Borough of Harrow SC Last Chance Counties Meet	Northwood	Bo Of Harrow	4
1:04.90	329	F	02/11/14	Ealing Level 3 Open Meet	Northolt	Bo Of Harrow	3
1:04.91	329	F	11/10/15	Hillingdon Autumn Short Course Meet 2015	Hillingdon	Bo Of Harrow	3
1:05.10	326		22/02/15	Barnet Cophthall Winter Sprints Meet	Barnet	Bo Of Harrow	3
1:05.11	326	F	01/02/15	Hertsmere Flyers Last Chance No Frills Qualifier	Hendon	Bo Of Harrow	3
1:05.25	324	F	28/02/15	Enfield Swim Squad Regional Qualifier	Enfield	Bo Of Harrow	3
1:05.87	315	H	19/10/14	Bishop's Stortford 6th Autumn Open Meet	Borehamwood		3
1:06.19	310		05/07/15	Barnet Cophthall Summer Sprints	Barnet	Bo Of Harrow	3
1:07.14	297		05/10/14	Barnet Cophthall 100 Meet	Barnet	Bo Of Harrow	3
1:08.37	282	F	22/06/14	Borough of Harrow End of Season Open Meet	Barnet	Bo Of Harrow	3
1:08.83	270	F	02/10/04	Bo of Harrow SC Club Championships 2004	London		4

1:09.33	270	F	02/10/21	Bo of Harrow SC Club Championships 2021	London		
1:09.43	269	F	28/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
1:09.75	265	F	09/02/14	Ealing L3 February Open Meet 2014	Ealing	Bo Of Harrow	3
1:10.70	255	H	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	Bo Of Harrow	3
1:11.20	249		10/05/14	Barnet Cophall Kate Lack Trophy Meet	Hendon	Bo Of Harrow	3
1:11.26	249	F	17/11/13	Middlesex ASA Winter Development Meet	Enfield	Bo Of Harrow	3
1:11.51	246	F	23/02/14	The Borough of Harrow John Basford Open Meet	London	Bo Of Harrow	3
1:12.62	235	F	21/12/13	City of Peterborough Winter Open Meet	Peterborough	Bo Of Harrow	3
1:13.04	231	H	11/01/14	Basildon & Phoenix Last Chance County	Basildon	Bo Of Harrow	3
1:13.13	230		10/11/13	Barnet Cophall 100 Meet	Hendon	Bo Of Harrow	3
1:14.17	220	F	13/07/13	Staines Black Swan Summer Meet	Elmbridge	Bo Of Harrow	3
1:14.78	215	F	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	Bo Of Harrow	3
1:15.30	211	F	15/12/13	BoH SC 3 Christmas Cracker 2013	Barnet	Bo Of Harrow	3
1:15.42	210	F	02/11/13	The Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
1:15.56	208	F	13/01/13	Staines SC Black Swan County Qualifier	Staines	Bo Of Harrow	3
1:16.08	204	F	18/11/12	Middlesex ASA Winter Development Meet	Enfield	Bo Of Harrow	4
1:16.61	200	H	27/04/13	Team Luton Spring Open Meet 2013	Luton	Bo Of Harrow	3
1:17.32	195	F	03/02/13	Ealing L3 Open Meet	Northolt	Bo Of Harrow	3
1:17.84	191		12/05/13	Barnet Cophall SC Kate Lack Trophy Meet	Hendon	Bo Of Harrow	3
1:18.32	187	F	04/11/12	Ealing SC Development Meet	Ealing	Bo Of Harrow	4
1:19.58	178	F	14/07/12	Staines SC Black Swan Summer Meet	Walton on Thames	Bo Of Harrow	3
1:21.80	164	F	04/12/11	Middlesex County ASA Autumn Develop Meet	Enfield	Bo Of Harrow	4
1:21.91	164	F	23/09/12	Borough of Harrow SC Club Championships	Harrow	Bo Of Harrow	4
1:22.68	159	F	16/12/12	Borough of Harrow SC Christmas Cracker	London	Bo Of Harrow	3
1:23.33	155	F	06/11/11	Ealing November Development Meet	Ealing	Bo Of Harrow	4
1:24.18	151	F	17/06/12	Borough of Harrow SC End of Season Meet	Barnet	Bo Of Harrow	4
1:25.45	144		11/02/12	Harrow & Wealdstone John Basford Open Meet	Barnet	Bo Of Harrow	4
1:26.36	139		19/11/11	Borough of Harrow Winter Open Meet	Barnet	Bo Of Harrow	2
1:27.89	132		25/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4
1:39.32	92	F	20/03/11	Ealing March Development Meet	Ealing	Bo Of Harrow	3
1:40.07	89		15/05/11	Barnet Cophall Kate Lock Meet	Barnet	Bo Of Harrow	1
1:43.98	80		13/02/11	The Borough of Harrow John Basford Open Me	Barnet	Bo Of Harrow	4
1:51.75	64	F	21/11/10	Ealing Development Meet	Northolt	Bo Of Harrow	4
1:53.82	61		31/10/10	The Borough of Harrow	Barnet	Bo Of Harrow	4

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