

# Individual Best Times (All Time)

Connor Coupland - (788405) - Borough of Harrow S C - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.39	328	F	17/06/17	Borough of Harrow Club Championships	Hendon	Bo Of Harrow	4
1:11.69	324	F	19/09/16	Borough of Harrow Club Championships	Hendon	Bo Of Harrow	4
1:11.75	324	H	06/11/16	London Region Winter Championships	Stratford	Bo Of Harrow	2
1:12.16	318	H	25/09/16	BPSC Season Opener	Basildon	Bo Of Harrow	2
1:13.94	296	F	19/06/16	BHSC End of Season Open Meet 2016	Hendon	Bo Of Harrow	3
1:13.99	295	F	29/11/15	BHSC Christmas Cracker County Qualifier 2015	Barnet	Bo Of Harrow	3
1:14.01	295	H	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon		2
1:14.44	290	F	30/11/14	BO Harrow Christmas Cracker Open Meet	Barnet	Bo Of Harrow	3
1:14.48	289	F	16/06/15	Borough of Harrow Club Championships	Hendon	Bo Of Harrow	4
1:16.59	266	F	16/07/17	BHSC L3 Sprint Meet 2017	Hendon	Bo Of Harrow	3
1:17.42	257	F	02/11/14	Ealing Level 3 Open Meet	Northolt	Bo Of Harrow	3
1:17.43	257	F	28/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
1:17.81	254		05/10/14	Barnet Cophall 100 Meet	Barnet	Bo Of Harrow	3
1:25.67	190	F	09/02/14	Ealing L3 February Open Meet 2014	Ealing	Bo Of Harrow	3
1:26.98	181	F	06/01/13	Borough of Harrow County Time Trials	Harrow	Bo Of Harrow	4
1:27.04	181	F	20/04/13	MCASA Spring Development Meet	Southbury	Bo Of Harrow	3
1:27.69	177	F	13/01/13	Staines SC Black Swan County Qualifier	Staines	Bo Of Harrow	3
1:27.83	176		10/11/13	Barnet Cophall 100 Meet	Hendon	Bo Of Harrow	3
1:28.01	175	F	17/11/12	Middlesex ASA Winter Development Meet	Enfield	Bo Of Harrow	4
1:29.88	164		06/10/13	Barnet Cophall SC Novices Meet	Barnet	Bo Of Harrow	3
1:30.04	163	F	03/02/13	Ealing L3 Open Meet	Northolt	Bo Of Harrow	3
1:30.94	159	F	23/09/12	Borough of Harrow SC Club Championships	Harrow	Bo Of Harrow	4
1:31.20	157		06/10/13	Barnet Cophall SC Novices Meet	Barnet	Bo Of Harrow	3
1:32.43	151	F	02/11/13	The Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
1:38.92	123		11/02/12	Harrow & Wealdstone John Basford Open Meet	Barnet	Bo Of Harrow	4
1:40.41	118		09/07/11	Edmonton Phoenix Junior Open	Enfield	Bo Of Harrow	4
1:42.48	111		05/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4

1:42.49	111		25/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4
1:42.71	110	F	06/11/11	Ealing November Development Meet	Ealing	Bo Of Harrow	4
1:54.35	80		12/02/11	The Borough of Harrow John Basford Open Me	Barnet	Bo Of Harrow	4
1:59.05	70	F	08/01/11	Linslade Crusaders Last Chance Open Meet	Milton Keynes	Bo Of Harrow	4
2:01.44	66		31/10/10	The Borough of Harrow	Barnet	Bo Of Harrow	4
2:02.57	64	F	21/11/10	Ealing Development Meet	Northolt	Bo Of Harrow	4
2:07.26	58	F	20/03/10	Ealing March Development	Northolt	Bo Of Harrow	4
2:13.88	49	F	17/04/10	Middlesex Development	Enfield	Bo Of Harrow	4

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