

# Individual Best Times (All Time)

Lewis Fraser - (787611) - Swansea University SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
58.29	852	F	16/12/23	Swim Wales Winter Championships 2023	Swansea		2
58.79	831	F	28/10/23	Neath ASC Open Meet	Swansea		2
59.75	791	F	29/11/19	Swim Wales Short Course Championships	WNPS	Swansea Uni	2
59.82	789	F	23/11/20	Swim Wales Super Series - Round 2, Session 1	Swansea		0
1:00.05	780	H	16/12/23	Swim Wales Winter Championships 2023	Swansea		2
1:00.31	770	F	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
1:00.34	768	H	30/11/18	Swim Wales Short Course Championships	Swansea	Swansea Uni	2
1:00.40	766	F	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
1:00.43	765	F	30/11/18	Swim Wales Short Course Championships	Swansea	Swansea Uni	2
1:00.52	762	F	15/12/17	Ontario Junior International 2017	Toronto		2
1:00.55	760	H	29/11/19	Swim Wales Short Course Championships	WNPS	Swansea Uni	2
1:01.29	733	F	08/12/18	NSL Western Premier Division Final	Newport	Swansea Aq	3
1:01.30	733	H	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
1:01.68	719	H	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
1:01.77	716	H	15/12/17	Ontario Junior International 2017	Toronto		2
1:01.93	711	H	08/10/17	Swim England National County Team Div 2 Champs	Sheffield		2
1:02.02	708	F	09/12/17	NSL Western Premier Final	Newport		3
1:02.53	690	F	04/02/18	SW West Regional Championships	Haverfordwest	Swansea Aq	2
1:03.13	671	H	03/12/16	Swim Wales Short Course Championships	Swansea	Swansea Aq	2
1:03.46	661	F	03/12/16	Swim Wales Short Course Championships	Swansea	Swansea Aq	2
1:03.65	655	H	19/12/15	Swim Wales National Short Course Championships	Swansea	Swansea Aq	2
1:03.92	646	F	10/12/16	NSL Western Premier Division Final	Newport	Swansea Aq	2
1:04.08	642	F	19/12/15	Swim Wales National Short Course Championships	Swansea	Swansea Aq	2
1:04.28	636	F	09/12/23	National Arena Swimming League Western 2023 Gala 2	Bridgwater		4
1:05.57	599	H	19/10/14	BG ASA National County Team Division 2	Sheffield	Swim Wales W	2
1:06.33	578	F	17/10/14	Swim Swansea Club Championships	Penlan	Swansea Aq	4
1:06.71	568	H	18/10/15	ASA National County Teams Division 2	Sheffield	Swim Wales W	2

1:06.74	500	H	10/10/13	ASA National County Teams Division 2	Sheffield	Swim Wales W	2
1:06.99	561	H	04/02/18	SW West Regional Championships	Haverfordwest	Swansea Aq	2
1:07.02	561	F	01/02/15	SWWR Regional Championships	Haverford West	Swansea Aq	2
1:07.50	549	H	01/02/15	SWWR Regional Championships	Haverford West	Swansea Aq	2
1:07.62	546	H	20/10/13	BG ASA National County Team Division 1	Sheffield	Swansea Aq	2
1:12.24	448	F	02/06/13	Amman Valley Open Meet 2013	Llanelli	Swansea Aq	2
1:13.34	428	H	21/10/12	BG ASA National County Team Division 2	Sheffield	Swansea Aq	2
1:18.75	345	F	11/03/12	Llanelli Open	Llanelli	Swansea Aq	2
1:19.64	334	H	11/03/12	Llanelli Open	Llanelli	Swansea Aq	2
1:23.34	291	F	11/02/12	West Wales Regional Championships	Haverfordwest	Swansea Aq	2
1:26.55	260	H	11/02/12	West Wales Regional Championships	Haverfordwest	Swansea Aq	2
1:27.85	249	H	09/07/11	Gemau Cymru 2011	Cardiff	Swansea Aq	2
1:28.09	247	F	24/09/11	Swim Swansea Club Champs	Penlan	Swansea Aq	4
1:33.78	204	F	12/02/11	West Wales Regional Championships	Haverfordwest	Swansea Aq	2
1:34.54	199	H	12/02/11	West Wales Regional Championships	Haverfordwest	Swansea Aq	2
1:34.64	199		07/05/11	Swansea Valley Junior Open Meet	Neath	Swansea Aq	1
1:35.88	191	F	11/06/11	Amman Valley Open Meet	Llanelli	Swansea Aq	2
1:36.16	189	F	05/12/10	West Wales Sub Regional	Penlan	Swansea Aq	4
1:43.22	153	F	02/10/10	Llanelli Autumn Meet	Llanelli	Swansea Aq	4
1:50.19	126	F	12/06/10	Amman Valley Open Meet	Llanelli	Swansea Aq	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
58.29	852	F	16/12/23	Swim Wales Winter Championships 2023	Swansea		2
1:00.05	780	H	16/12/23	Swim Wales Winter Championships 2023	Swansea		2
1:04.28	636	F	09/12/23	National Arena Swimming League Western 2023 Gala 2	Bridgwater		4
58.79	831	F	28/10/23	Neath ASC Open Meet	Swansea		2
59.82	789	F	23/11/20	Swim Wales Super Series - Round 2, Session 1	Swansea		0
59.75	791	F	29/11/19	Swim Wales Short Course Championships	WNPS	Swansea Uni	2
1:00.55	760	H	29/11/19	Swim Wales Short Course Championships	WNPS	Swansea Uni	2
1:00.31	770	F	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
1:01.68	719	H	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
1:01.29	733	F	08/12/18	NSL Western Premier Division Final	Newport	Swansea Aq	3
1:00.43	765	F	30/11/18	Swim Wales Short Course Championships	Swansea	Swansea Uni	2
1:00.34	768	H	30/11/18	Swim Wales Short Course Championships	Swansea	Swansea Uni	2
1:00.40	766	F	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
1:01.30	733	H	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
1:02.53	690	F	04/02/18	SW West Regional Championships	Haverfordwest	Swansea Aq	2
1:06.99	561	H	04/02/18	SW West Regional Championships	Haverfordwest	Swansea Aq	2
1:00.52	762	F	15/12/17	Ontario Junior International 2017	Toronto		2
1:01.77	716	H	15/12/17	Ontario Junior International 2017	Toronto		2
1:02.02	708	F	09/12/17	NSL Western Premier Final	Newport		3
1:01.93	711	H	08/10/17	Swim England National County Team Div 2 Champs	Sheffield		2
1:03.92	646	F	10/12/16	NSL Western Premier Division Final	Newport	Swansea Aq	2
1:03.46	661	F	03/12/16	Swim Wales Short Course Championships	Swansea	Swansea Aq	2
1:03.13	671	H	03/12/16	Swim Wales Short Course Championships	Swansea	Swansea Aq	2
1:04.08	642	F	19/12/15	Swim Wales National Short Course Championships	Swansea	Swansea Aq	2
1:03.65	655	H	19/12/15	Swim Wales National Short Course Championships	Swansea	Swansea Aq	2
1:06.74	568	H	18/10/15	ASA National County Teams Division 2	Sheffield	Swim Wales W	2
1:07.02	561	F	01/02/15	SWWR Regional Championships	Haverford West	Swansea Aq	2
1:07.50	549	H	01/02/15	SWWR Regional Championships	Haverford West	Swansea Aq	2
1:05.57	599	H	19/10/14	BG ASA National County Team Division 2	Sheffield	Swim Wales W	2
1:06.33	578	F	17/10/14	Swim Swansea Club Championships	Penlan	Swansea Aq	4

1:07.62	546	H	20/10/13	BG ASA National County Team Division 1	Sheffield	Swansea Aq	2
1:12.24	448	F	02/06/13	Amman Valley Open Meet 2013	Llanelli	Swansea Aq	2
1:13.34	428	H	21/10/12	BG ASA National County Team Division 2	Sheffield	Swansea Aq	2
1:18.75	345	F	11/03/12	Llanelli Open	Llanelli	Swansea Aq	2
1:19.64	334	H	11/03/12	Llanelli Open	Llanelli	Swansea Aq	2
1:23.34	291	F	11/02/12	West Wales Regional Championships	Haverfordwest	Swansea Aq	2
1:26.55	260	H	11/02/12	West Wales Regional Championships	Haverfordwest	Swansea Aq	2
1:28.09	247	F	24/09/11	Swim Swansea Club Champs	Penlan	Swansea Aq	4
1:27.85	249	H	09/07/11	Gemau Cymru 2011	Cardiff	Swansea Aq	2
1:35.88	191	F	11/06/11	Amman Valley Open Meet	Llanelli	Swansea Aq	2
1:34.64	199		07/05/11	Swansea Valley Junior Open Meet	Neath	Swansea Aq	1
1:33.78	204	F	12/02/11	West Wales Regional Championships	Haverfordwest	Swansea Aq	2
1:34.54	199	H	12/02/11	West Wales Regional Championships	Haverfordwest	Swansea Aq	2
1:36.16	189	F	05/12/10	West Wales Sub Regional	Penlan	Swansea Aq	4
1:43.22	153	F	02/10/10	Llanelli Autumn Meet	Llanelli	Swansea Aq	4
1:50.19	126	F	12/06/10	Amman Valley Open Meet	Llanelli	Swansea Aq	1