

Individual Best Times (All Time)

Lewis Fraser - (787611) - Swansea University SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.54	632	F	19/12/15	Swim Wales National Short Course Championships	Swansea	Swansea Aq	2
4:38.83	597	F	22/12/14	British Gas Swim Wales Open Winter Championships	Swansea	Swansea Aq	1
4:44.19	564	F	06/02/15	SWWR Regional Championships	Haverford West	Swansea Aq	2
5:05.88	452	F	02/06/13	Amman Valley Open Meet 2013	Llanelli	Swansea Aq	2
5:09.88	435	F	03/02/13	West Wales Championships	Haverfordwest	Swansea Aq	2
5:13.51	420	F	29/09/12	Swim Swansea Club Championships	Swansea	Swansea Aq	4
5:29.40	362	F	11/03/12	Llanelli Open	Llanelli	Swansea Aq	2
5:59.98	277	F	24/09/11	Swim Swansea Club Champs	Penlan	Swansea Aq	4

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