

Individual Best Times (All Time)

Heather Lees - (787558) - City Of Glasgow Swim Team - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------------|-----------------|-------|
| 1:13.70 | 605 | F | 26/09/15 | Scottish National Team Championships 2015 | Glasgow | Co Glasgow | 1 |
| 1:14.60 | 584 | C | 15/11/15 | SASA North District Grand Prix 2015 | Inverness | Co Glasgow | 1 |
| 1:15.17 | 570 | H | 11/12/15 | Scottish National Short Course Meet | Edinburgh | Co Glasgow | 1 |
| 1:15.31 | 567 | H | 15/11/15 | SASA North District Grand Prix 2015 | Inverness | Co Glasgow | 1 |
| 1:15.69 | 559 | F | 13/02/16 | Sharks Open Meet | Bellshill | Co Glasgow | 1 |
| 1:15.85 | 555 | F | 18/12/21 | National Leagues | Glasgow | | 2 |
| 1:16.71 | 537 | H | 09/12/16 | Scottish National Short Course Championships | Edinburgh | Co Glasgow | 1 |
| 1:17.03 | 530 | H | 05/11/16 | North District Open Championships | Inverness | Co Glasgow | 1 |
| 1:17.44 | 522 | H | 12/12/14 | Scottish National Short Course Champs | Edinburgh | | 1 |
| 1:17.79 | 515 | H | 24/10/15 | Carnegie Winter Open Meet | Dunfermline | Co Glasgow | 2 |
| 1:18.23 | 506 | F | 12/11/22 | SS West District SC Nov Champs 2022 | Glasgow | | 2 |
| 1:18.35 | 504 | F | 24/10/15 | Carnegie Winter Open Meet | Dunfermline | Co Glasgow | 2 |
| 1:18.47 | 501 | H | 13/12/13 | Scottish National Short Course Open Meet | Edinburgh | Falkirk | 1 |
| 1:18.49 | 501 | F | 19/02/22 | 2022 SS West District SC Champs | Glasgow, Scotland | | 2 |
| 1:18.68 | 497 | F | 01/11/14 | SASA West District SAG Championships | Ayr | Falkirk | 1 |
| 1:18.76 | 496 | F | 26/10/14 | Dundee City Aquatics Meet | Dundee | Falkirk | 2 |
| 1:19.04 | 491 | H | 01/11/14 | SASA West District SAG Championships | Ayr | | 1 |
| 1:19.08 | 490 | F | 27/10/13 | Dundee Aquatics Autumn Open Meets | Dundee | Falkirk | 2 |
| 1:19.34 | 485 | F | 31/08/14 | SASA Central Swimming Championships | Grangemouth | Falkirk | 2 |
| 1:20.50 | 464 | | 19/04/14 | FIRST Open Meet 2014 | Bathgate | Falkirk | 2 |
| 1:21.73 | 444 | H | 02/11/13 | SASA West District SC SAG | Dumfries | Falkirk | 1 |
| 1:21.90 | 441 | F | 02/11/13 | SASA West District SC SAG | Dumfries | Falkirk | 1 |
| 1:27.91 | 356 | | 17/11/12 | 2012 WD Short Course Championships JAG | Cumbernauld | Falkirk | 1 |
| 1:28.24 | 352 | | 05/02/12 | West District Group 1 Championships | Cumbernauld | Falkirk | 1 |
| 1:29.05 | 343 | | 12/05/12 | SASA West District Group 3 Championships | Dumfries | Falkirk | 1 |
| 1:29.20 | 341 | | 12/05/12 | SASA West District Group 3 Championships | Dumfries | Falkirk | 1 |
| 1:29.60 | 344 | | 14/05/14 | SASA West District Group 3 Championships | Dumfries | Falkirk | 1 |

| | | | | | | |
|---------|-----|--|----------|--|----------|---------|
| 1:31.69 | 314 | | 14/05/11 | SASA West District Group 3 Championships | Dumfries | Falkirk |
| 1:32.23 | 309 | | 14/05/11 | SASA West District Group 3 Championships | Dumfries | Falkirk |

1

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| 1:31.69 | 314 | | 14/05/11 | SASA West District Group 3 Championships | Dumfries | Falkirk | 1 |
| 1:32.23 | 309 | | 14/05/11 | SASA West District Group 3 Championships | Dumfries | Falkirk | 1 |