

Individual Best Times (All Time)

Alex Bowsher - (784625) - Tilehurst SC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:54.76	373	F	26/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey	Tilehurst	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:54.76	373	F	26/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey	Tilehurst	2