

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.96	630	H	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
2:39.00	606	F	16/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Bath Univ	2
2:40.51	589	F	20/10/18	Millfield School & Street SC TYR	Millfield School	Bath Univ	2
2:40.97	584	F	19/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	Bath Univ	2
2:41.11	582	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Alton & Dist	2
2:44.00	552	H	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
2:44.89	543	H	30/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
2:45.69	535	H	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
2:46.28	530	F	17/09/16	Alton District Club Championships	Alton	Alton & Dist	4
2:47.37	519	H	26/06/16	Hampshire & IOW SSA Annual Swimming Gala 2016	Portsmouth		2
2:50.26	493	F	21/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
2:53.13	469	H	18/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot	Alton & Dist	2
2:57.86	433	F	01/11/14	Alton & District Club Championships	Alton	Alton & Dist	4
2:59.25	423	H	26/01/14	Fareham Nomads January Open Meet 2014	Waterlooville	Alton & Dist	3
2:59.78	419	H	16/11/14	Hampshire Schools Championships	Waterlooville	Alton & Dist	3
3:01.31	408		09/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
3:02.44	401		02/11/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
3:04.90	385	H	30/06/13	Fareham Nomads Open Meet	Waterlooville	Alton & Dist	3
3:05.11	384		10/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
3:14.85	329	H	02/12/12	Peter Bull Development Meet	Waterlooville	Alton & Dist	3
3:28.70	268		10/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
3:31.53	257		07/01/12	Basingstoke Bluefins New Year Meet	Basingstoke	Alton & Dist	4
3:35.00	245		05/11/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
3:36.27	240	H	03/12/11	Havant & Waterlooville Peter Bull Meet	Waterlooville	Alton & Dist	3
3:41.58	224		02/07/11	Hampshire County Development	Waterlooville	Alton & Dist	3
3:43.57	218		09/04/11	Swim Bournemouth Open Meet	Littledown	Alton & Dist	2
3:55.06	187	H	04/12/10	Havant & Waterlooville Peter Bull Open Meet	Waterlooville	Alton & Dist	3

3:35.26	107	H	04/12/10	Havant & Waterlooville Peter Bull Open Mee	Waterlooville	Alton & Dist	3
3:57.39	182		15/01/11	Alton & District Club Championships	Alton	Alton & Dist	4

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