

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.52	635	H	23/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
1:12.61	633	F	15/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Bath Univ	2
1:12.90	625	F	12/10/19	NASL South League Round One	Burgess Hill	Rushmoor Ryl	3
1:13.27	616	F	20/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	Bath Univ	2
1:13.44	612	H	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
1:13.84	602	H	08/10/17	Swim England National County Team Div 1 Champs	Sheffield	Hampshire	2
1:14.03	597	F	08/12/18	National Arena Swimming League South R3 2018	Burgess Hill	Rushmoor Ryl	3
1:15.01	574	F	13/10/18	NASL South Round One 2018	Burgess Hill	Rushmoor Ryl	3
1:15.11	572	F	21/10/18	Millfield School & Street SC TYR	Millfield School	Bath Univ	2
1:15.58	561	F	09/11/19	National Arena Swimming League South Round Two	Guildford	Rushmoor Ryl	3
1:15.71	558	H	05/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Alton & Dist	2
1:16.03	551	H	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
1:16.05	551	F	11/11/17	NASLS - ROUND TWO	WATERLOOVILLE	Rushmoor Ryl	3
1:16.25	547	F	10/12/16	NASLS - Round 3	Guildford	Alton & Dist	3
1:16.31	545	H	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
1:17.07	529	H	18/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot	Alton & Dist	2
1:17.35	524	F	08/10/16	NASL South	Bracknell	Alton & Dist	3
1:17.64	518	H	22/09/18	Hampshire County Open & Junior Champs 2018	Southampton	Rushmoor Ryl	2
1:17.86	513	F	12/11/16	NASLS Round 2	Maidenhead	Alton & Dist	3
1:18.07	509	H	26/06/16	Hampshire & IOW SSA Annual Swimming Gala 2016	Portsmouth		2
1:18.26	505	F	24/06/17	Alton District Club Championships	Alton	Alton & Dist	4
1:18.41	503	F	25/06/16	Alton District Club Championships	Alton	Alton & Dist	4
1:18.86	494	F	02/10/16	16th James Moreno Open Meet	Southampton	Alton & Dist	2
1:19.49	482	H	07/11/15	ASA South East Region Winter Championships 2015	Portsmouth	Alton & Dist	2
1:21.04	455	F	08/11/14	NASL2014 Round 2	Crawley	Alton & Dist	4
1:21.36	450	F	11/10/14	National Swimming Arena South 2014 R1	Guildford	Alton & Dist	3
1:21.46	448	F	08/11/14	NASL 2014 Round 2	Crawley	Alton & Dist	4

1:21.40	440	F	08/11/14	NASL2014 Round 2	Crawley	Alton & Dist	4
1:21.93	440	F	09/02/14	City of Southampton SC Open Meet 2014	Southampton	Alton & Dist	2
1:22.11	438	H	06/12/14	ASA South East Region Championships	Portsmouth	Alton & Dist	2
1:22.15	437	F	08/02/15	15th City of Southampton Open Meet	Southampton	Alton & Dist	2
1:22.18	436	F	17/10/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
1:22.26	435	F	05/10/14	14th James Moreno Open Meet	Southampton	Alton & Dist	2
1:22.63	429		15/12/13	City of Southampton SC Christmas Open Meet	Southampton	Alton & Dist	3
1:22.78	427	F	18/10/14	Alton & District Autumn Winter Champs	Alton	Alton & Dist	4
1:22.85	426		08/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
1:23.19	421	F	13/12/14	NASL 2014 Round 3	Guildford	Alton & Dist	3
1:23.41	417	H	16/11/14	Hampshire Schools Championships	Waterlooville	Alton & Dist	3
1:24.29	404	F	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Alton & Dist	2
1:26.53	374		06/10/13	City of Southampton SC James Moreno Open	Southampton	Alton & Dist	2
1:26.83	370		19/10/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
1:28.16	353	H	30/06/13	Fareham Nomads Open Meet	Waterlooville	Alton & Dist	3
1:28.65	348		09/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
1:31.32	318	H	22/07/12	Fareham Nomads SC Summer Open Meet 2012	Southampton	Alton & Dist	3
1:31.42	317		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2
1:31.49	316		17/11/12	Alton & District Club Championships	Alton	Alton & Dist	4
1:33.09	300		21/10/12	City of Southampton James Moreno Meet	Southampton	Alton & Dist	2
1:37.67	260		07/01/12	Basingstoke Bluefins New Year Meet	Basingstoke	Alton & Dist	4
1:37.76	259		05/02/12	City of Southampton Open Meet	Southampton	Alton & Dist	2
1:40.75	237		10/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
1:43.51	218		15/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
1:43.62	217	H	17/07/11	Fareham Nomads Summer Open Meet	Southampton	Alton & Dist	3
1:46.96	198		03/07/11	Hampshire County Development	Waterlooville	Alton & Dist	3
1:58.97	144		02/10/10	Alton & District Champs	Alton	Alton & Dist	4

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