

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.70	653	F	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
32.95	638	H	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
33.81	590	H	30/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
33.87	587	F	15/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Bath Univ	2
34.26	567	F	19/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	Bath Univ	2
34.33	564	H	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
34.41	560	H	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
34.46	557	F	20/10/18	Millfield School & Street SC TYR	Millfield School	Bath Univ	2
34.49	556	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Alton & Dist	2
36.03	488	F	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	Alton & Dist	3
36.04	487	F	10/09/16	Alton District Club Championships	Alton	Alton & Dist	4
36.20	481	H	08/11/15	ASA South East Region Winter Championships 2015	Portsmouth	Alton & Dist	2
36.25	479	F	02/10/16	16th James Moreno Open Meet	Southampton	Alton & Dist	2
36.44	471	F	03/10/15	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
36.58	466	F	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Alton & Dist	2
36.76	459	F	08/02/15	15th City of Southampton Open Meet	Southampton	Alton & Dist	2
36.87	455	F	30/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	Alton & Dist	2
36.98	451	F	05/10/14	14th James Moreno Open Meet	Southampton	Alton & Dist	2
37.48	433	F	09/02/14	City of Southampton SC Open Meet 2014	Southampton	Alton & Dist	2
37.84	421	H	07/12/14	ASA South East Region Championships	Portsmouth	Alton & Dist	2
38.01	415		09/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
38.70	393		06/10/13	City of Southampton SC James Moreno Open	Southampton	Alton & Dist	2
39.10	381	F	18/10/14	Alton & District Autumn Winter Champs	Alton	Alton & Dist	4
40.24	350		19/10/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
40.25	350	H	30/06/13	Fareham Nomads Open Meet	Waterlooville	Alton & Dist	3
40.91	333		10/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
41.66	315		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2

41.66	315		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2
41.95	309		21/10/12	City of Southampton James Moreno Meet	Southampton	Alton & Dist	2
42.49	297	H	21/07/12	Fareham Nomads SC Summer Open Meet 2012	Southampton	Alton & Dist	3
43.04	286		05/02/12	City of Southampton Open Meet	Southampton	Alton & Dist	2
43.16	284	H	02/12/12	Peter Bull Development Meet	Waterlooville	Alton & Dist	3
43.19	283		17/11/12	Alton & District Club Championships	Alton	Alton & Dist	4
44.46	259		11/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
45.39	244	H	03/12/11	Havant & Waterlooville Peter Bull Meet	Waterlooville	Alton & Dist	3
47.87	208	H	16/07/11	Fareham Nomads Summer Open Meet	Southampton	Alton & Dist	3
48.87	195		02/07/11	Hampshire County Development	Waterlooville	Alton & Dist	3
49.10	192		01/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
49.18	191		10/04/11	Swim Bournemouth Open Meet	Littledown	Alton & Dist	2
49.93	183		06/02/11	City of Southampton Open Meet	Southampton	Alton & Dist	2
50.47	177	H	04/12/10	Havant & Waterlooville Peter Bull Open Mee	Waterlooville	Alton & Dist	3
55.04	136	H	25/04/10	Havant & Waterlooville	Waterlooville	Alton & Dist	3
55.08	136		25/09/10	Alton & District Champs	Alton	Alton & Dist	4
58.30	115		26/09/09	Alton & Dist Club Champs	Alton	Alton & Dist	4
1:10.32	65		04/10/08	Alton & Dist Club Champs	Alton	Alton & Dist	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.70	653	F	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
32.95	638	H	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
34.26	567	F	19/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	Bath Univ	2
33.87	587	F	15/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Bath Univ	2
34.33	564	H	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
34.46	557	F	20/10/18	Millfield School & Street SC TYR	Millfield School	Bath Univ	2
33.81	590	H	30/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
34.49	556	H	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Alton & Dist	2
34.41	560	H	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
36.25	479	F	02/10/16	16th James Moreno Open Meet	Southampton	Alton & Dist	2
36.04	487	F	10/09/16	Alton District Club Championships	Alton	Alton & Dist	4
36.03	488	F	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	Alton & Dist	3
36.20	481	H	08/11/15	ASA South East Region Winter Championships 2015	Portsmouth	Alton & Dist	2
36.58	466	F	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Alton & Dist	2
36.44	471	F	03/10/15	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
36.76	459	F	08/02/15	15th City of Southampton Open Meet	Southampton	Alton & Dist	2
37.84	421	H	07/12/14	ASA South East Region Championships	Portsmouth	Alton & Dist	2
36.87	455	F	30/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	Alton & Dist	2
39.10	381	F	18/10/14	Alton & District Autumn Winter Champs	Alton	Alton & Dist	4
36.98	451	F	05/10/14	14th James Moreno Open Meet	Southampton	Alton & Dist	2
38.01	415		09/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
37.48	433	F	09/02/14	City of Southampton SC Open Meet 2014	Southampton	Alton & Dist	2
40.24	350		19/10/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
38.70	393		06/10/13	City of Southampton SC James Moreno Open	Southampton	Alton & Dist	2
40.25	350	H	30/06/13	Fareham Nomads Open Meet	Waterlooville	Alton & Dist	3
40.91	333		10/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
41.66	315		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2
43.16	284	H	02/12/12	Peter Bull Development Meet	Waterlooville	Alton & Dist	3
43.19	283		17/11/12	Alton & District Club Championships	Alton	Alton & Dist	4
41.95	309		21/10/12	City of Southampton James Moreno Meet	Southampton	Alton & Dist	2
42.49	297	H	21/07/12	Fareham Nomads SC Summer Open Meet 2012	Southampton	Alton & Dist	3
44.46	259		11/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2

43.04	286		05/02/12	City of Southampton Open Meet	Southampton	Alton & Dist	2
45.39	244	H	03/12/11	Havant & Waterlooville Peter Bull Meet	Waterlooville	Alton & Dist	3
49.10	192		01/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
47.87	208	H	16/07/11	Fareham Nomads Summer Open Meet	Southampton	Alton & Dist	3
48.87	195		02/07/11	Hampshire County Development	Waterlooville	Alton & Dist	3
49.18	191		10/04/11	Swim Bournemouth Open Meet	Littledown	Alton & Dist	2
49.93	183		06/02/11	City of Southampton Open Meet	Southampton	Alton & Dist	2
50.47	177	H	04/12/10	Havant & Waterlooville Peter Bull Open Mee	Waterlooville	Alton & Dist	3
55.08	136		25/09/10	Alton & District Champs	Alton	Alton & Dist	4
55.04	136	H	25/04/10	Havant & Waterlooville	Waterlooville	Alton & Dist	3
58.30	115		26/09/09	Alton & Dist Club Champs	Alton	Alton & Dist	4
1:10.32	65		04/10/08	Alton & Dist Club Champs	Alton	Alton & Dist	4