Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 100 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
59.62	598	F	16/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Bath Univ	2
1:01.13	555	F	09/12/17	NASLS - Round Three	Aldershot	Rushmoor Ryl	3
1:01.76	538	F	20/10/18	Millfield School & Street SC TYR	Millfield School	Bath Univ	2
1:01.80	537	Н	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
1:01.85	536	Н	07/01/17	Fareham Nomads Last Chance County Qualifier	Southampton	Alton & Dist	3
1:02.02	531	F	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	Alton & Dist	3
1:03.00	507	F	12/11/16	NASLS Round 2	Maidenhead	Alton & Dist	3
1:03.36	498	F	08/10/16	NASL South	Bracknell	Alton & Dist	3
1:03.70	490	Н	26/06/16	Hampshire & IOW SSA Annual Swimming Gala 2016	Portsmouth		2
1:03.78	489	F	10/12/16	NASLS - Round 3	Guildford	Alton & Dist	3
1:04.01	483	F	30/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	Alton & Dist	2
1:04.32	476	Н	30/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
1:04.33	476	F	11/10/14	National Swimming Arena South 2014 R1	Guildford	Alton & Dist	3
1:04.60	470	Н	16/11/14	Hampshire Schools Championships	Waterlooville	Alton & Dist	3
1:04.70	468	F	08/02/15	15th City of Southampton Open Meet	Southampton	Alton & Dist	2
1:05.65	448	F	10/09/16	Alton District Club Championships	Alton	Alton & Dist	4
1:06.07	439	F	05/10/14	14th James Moreno Open Meet	Southampton	Alton & Dist	2
1:06.12	438		08/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
1:06.13	438	F	27/09/14	Alton & District Club Championships	Alton	Alton & Dist	4
1:07.16	418	F	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Alton & Dist	2
1:07.27	416		15/12/13	City of Southampton SC Christmas Open Meet	Southampton	Alton & Dist	3
1:07.98	403	Н	26/01/14	Fareham Nomads January Open Meet 2014	Waterlooville	Alton & Dist	3
1:09.01	386		06/10/13	City of Southampton SC James Moreno Open	Southampton	Alton & Dist	2
1:09.03	385		28/09/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
1:09.29	381	Н	30/06/13	Fareham Nomads Open Meet	Waterlooville	Alton & Dist	3
1:09.97	370		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2
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1.10.34	304		00/01/13	Dasingstoke Didelins Age Group Open wieet	Dasingstoke	ΑΙΙΟΠ & DISL	Page 2 / 3
1:11.69	344		09/03/13	Hampshire County Championships	Southampton	Alton & Dist	2
1:11.84	342		21/10/12	City of Southampton James Moreno Meet	Southampton	Alton & Dist	2
1:12.60	331	Н	22/07/12	Fareham Nomads SC Summer Open Meet 2012	Southampton	Alton & Dist	3
1:13.04	325		08/01/12	Basingstoke Bluefins New Year Meet	Basingstoke	Alton & Dist	4
1:13.50	319		05/02/12	City of Southampton Open Meet	Southampton	Alton & Dist	2
1:14.60	305		10/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
1:15.74	292		29/09/12	Alton & District Club Championships	Alton	Alton & Dist	4
1:16.47	283		12/01/13	Alton & District SC Club Championships	Alton	Alton & Dist	4
1:16.91	278		15/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
1:20.13	246	Н	17/07/11	Fareham Nomads Summer Open Meet	Southampton	Alton & Dist	3
1:20.76	240		02/07/11	Hampshire County Development	Waterlooville	Alton & Dist	3
1:32.77	158		02/10/10	Alton & District Champs	Alton	Alton & Dist	4

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 1:20.76
 240
 02/07/11
 Hampshire County Development
 Waterlooville
 Alton & Dist
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 1:32.77
 158
 02/10/10
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 Alton & Dist
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