

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.13	604	F	15/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Bath Univ	2
2:25.59	586	F	09/12/17	NASLS - Round Three	Aldershot	Rushmoor Ryl	3
2:26.06	580	H	30/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
2:28.95	547	F	03/06/17	Alton District Club Championships	Alton	Alton & Dist	4
2:32.84	506	F	04/06/16	Alton District Club Championships	Alton	Alton & Dist	4
2:35.42	482	F	02/10/16	16th James Moreno Open Meet	Southampton	Alton & Dist	2
2:39.81	443	F	03/10/15	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
2:43.53	413	F	01/11/14	Alton & District Club Championships	Alton	Alton & Dist	4
2:57.51	323		02/11/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
3:15.36	242		08/01/12	Basingstoke Bluefins New Year Meet	Basingstoke	Alton & Dist	4
3:16.25	239		05/02/12	City of Southampton Open Meet	Southampton	Alton & Dist	2

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