

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 200 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:21.13	206		29/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:21.13	206		29/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4