

Individual Best Times (All Time)

Naomi Van Dongen - (782966) - Alton & District Swimming Club - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.62	572	F	15/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Bath Univ	2
27.70	567	H	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
27.74	564	H	23/06/18	Rushmoor Royals Club Championships 2018	Aldershot		4
28.34	529	F	21/10/18	Millfield School & Street SC TYR	Millfield School	Bath Univ	2
28.41	525	H	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	Alton & Dist	2
28.70	509	F	24/06/17	Alton District Club Championships	Alton	Alton & Dist	4
28.74	507	H	05/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Alton & Dist	2
29.20	484	F	21/11/15	Alton & District SC Autumn Club Championships	Alton	Alton & Dist	4
29.25	481	H	18/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot	Alton & Dist	2
29.38	475	F	29/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	Alton & Dist	4
29.71	459	F	27/09/14	Alton & District Club Championships	Alton	Alton & Dist	4
29.73	458	F	13/12/15	City of Southampton 6th Christmas Open Meet	Southampton	Alton & Dist	3
30.01	446	H	22/09/18	Hampshire County Open & Junior Champs 2018	Southampton	Rushmoor Ryl	2
30.03	445	F	05/10/14	14th James Moreno Open Meet	Southampton	Alton & Dist	2
30.09	442	F	08/02/15	15th City of Southampton Open Meet	Southampton	Alton & Dist	2
30.27	434	F	25/06/16	Alton District Club Championships	Alton	Alton & Dist	4
30.51	424	F	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	Alton & Dist	2
30.62	419	F	09/02/14	City of Southampton SC Open Meet 2014	Southampton	Alton & Dist	2
31.13	399		15/12/13	City of Southampton SC Christmas Open Meet	Southampton	Alton & Dist	3
31.27	394		09/03/14	Hampshire County Championships	Waterlooville	Alton & Dist	2
31.95	369		28/09/13	Alton & District Autumn Winter Club Champs	Alton	Alton & Dist	4
32.00	367	H	26/01/14	Fareham Nomads January Open Meet 2014	Waterlooville	Alton & Dist	3
32.03	366		06/10/13	City of Southampton SC James Moreno Open	Southampton	Alton & Dist	2
32.47	352	H	30/06/13	Fareham Nomads Open Meet	Waterlooville	Alton & Dist	3
32.50	351	H	02/12/12	Peter Bull Development Meet	Waterlooville	Alton & Dist	3
32.50	351		05/01/13	Basingstoke Bluefins Age Group Open Meet	Basingstoke	Alton & Dist	3
33.05	340		10/01/13	Alton & District SC Club Championships	Alton	Alton & Dist	4

32.83	340		12/01/13	Alton & District SC Club Championships	Alton	Alton & Dist	4
32.96	336		10/02/13	City of Southampton Open Meet	Southampton	Alton & Dist	2
33.13	331		21/10/12	City of Southampton James Moreno Meet	Southampton	Alton & Dist	2
33.22	328		29/09/12	Alton & District Club Championships	Alton	Alton & Dist	4
33.31	326	H	21/07/12	Fareham Nomads SC Summer Open Meet 2012	Southampton	Alton & Dist	3
33.80	312		05/02/12	City of Southampton Open Meet	Southampton	Alton & Dist	2
33.87	310	H	03/12/11	Havant & Waterlooville Peter Bull Meet	Waterlooville	Alton & Dist	3
34.03	305		01/10/11	Alton & District Autumn Club Championships	Alton	Alton & Dist	4
34.09	304		11/03/12	Hampshire County Championships	Waterlooville	Alton & Dist	2
36.05	257	H	16/07/11	Fareham Nomads Summer Open Meet	Southampton	Alton & Dist	3
36.59	246		03/07/11	Hampshire County Development	Waterlooville	Alton & Dist	3
37.53	228		09/04/11	Swim Bournemouth Open Meet	Littledown	Alton & Dist	2
38.98	203		06/02/11	City of Southampton Open Meet	Southampton	Alton & Dist	2
39.31	198	H	04/12/10	Havant & Waterlooville Peter Bull Open Mee	Waterlooville	Alton & Dist	3
41.38	170	H	25/04/10	Havant & Waterlooville	Waterlooville	Alton & Dist	3
41.45	169		25/09/10	Alton & District Champs	Alton	Alton & Dist	4
44.36	138		26/09/09	Alton & Dist Club Champs	Alton	Alton & Dist	4
53.47	78		04/10/08	Alton & Dist Club Champs	Alton	Alton & Dist	4

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