Individual Best Times (All Time)

Rebecca Augier - (782357) - East Kilbride ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:39.48	566	F	17/11/19	2019 SS West District SC SAG Championships	Glasgow	Eastkilbride	2
4:41.01	557	F	07/11/21	2021 SS West District SC "Time Trials 1" Meet	DG1 Centre, Dumfries		2
4:41.80	552	F	21/09/19	Scottish National Team Championships	Glasgow	SLanarkshire	2
4:42.45	549	F	24/06/17	Hillingdon Summer Meet	Uxbridge	Guildford Ct	2
4:42.48	548	Н	20/11/22	BUCS Short Course 2022-23	Sheffield		2
4:43.56	542	Н	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SLanarkshire	2
4:45.13	533	F	12/11/17	2017 WD Short Course JAG Championship	Cumbernauld	Eastkilbride	1
4:53.10	491	F	16/07/17	The Plymouth Leander 2017 Summer Open	Plymouth	Guildford Ct	3
5:01.49	451	F	17/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Guildford Ct	3
5:12.97	403	F	16/10/16	Cranleigh Autumn Open Meet	Cranleigh	Guildford Ct	3
5:20.89	374		02/04/16	Swim Bournemouth Spring L2 Open Meet	Bournemouth	Guildford Ct	2
5:25.19	359	F	16/01/16	Kingston Royals The Royals New Year Meet 2016	Walton-on-Thames	Guildford Ct	3
5:25.80	357	F	19/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham	Guildford Ct	3
5:28.20	350	F	05/12/15	Maxwell December 2015 L3 Meet	Aylesbury	Guildford Ct	3
5:36.19	325	F	31/10/15	Ealing November Open Meet	Northolt	Guildford Ct	3
6:01.50	261	F	20/06/15	Aquanauts 14th Graded	Livingston		2
6:07.62	249	F	06/09/15	North Ayrshire Distance Meet	Stevenston	Guildford Ct	2
6:28.25	211	F	05/10/14	Staines Club Championships	Staines		4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:42.48	548	Н	20/11/22	BUCS Short Course 2022-23	Sheffield		2
4:41.01	557	F	07/11/21	2021 SS West District SC "Time Trials 1" Meet	DG1 Centre, Dumfries		2
4:39.48	566	F	17/11/19	2019 SS West District SC SAG Championships	Glasgow	Eastkilbride	2
4:41.80	552	F	21/09/19	Scottish National Team Championships	Glasgow	SLanarkshire	2
4:43.56 Copyright 202	542 4	Н	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SLanarkshire Powered By SPORT	2 SYSTEMS

							Page 2 / 2
4:45.13	533	F	12/11/17	2017 WD Short Course JAG Championship	Cumbernauld	Eastkilbride	1
4:53.10	491	F	16/07/17	The Plymouth Leander 2017 Summer Open	Plymouth	Guildford Ct	3
4:42.45	549	F	24/06/17	Hillingdon Summer Meet	Uxbridge	Guildford Ct	2
5:01.49	451	F	17/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Guildford Ct	3
5:12.97	403	F	16/10/16	Cranleigh Autumn Open Meet	Cranleigh	Guildford Ct	3
5:20.89	374		02/04/16	Swim Bournemouth Spring L2 Open Meet	Bournemouth	Guildford Ct	2
5:25.19	359	F	16/01/16	Kingston Royals The Royals New Year Meet 2016	Walton-on-Thames	Guildford Ct	3
5:25.80	357	F	19/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham	Guildford Ct	3
5:28.20	350	F	05/12/15	Maxwell December 2015 L3 Meet	Aylesbury	Guildford Ct	3
5:36.19	325	F	31/10/15	Ealing November Open Meet	Northolt	Guildford Ct	3
6:07.62	249	F	06/09/15	North Ayrshire Distance Meet	Stevenston	Guildford Ct	2
6:01.50	261	F	20/06/15	Aquanauts 14th Graded	Livingston		2
6:28.25	211	F	05/10/14	Staines Club Championships	Staines		4