

Individual Best Times (All Time)

Alaina Ward - (781672) - Portsmouth Northsea SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:21.07	299	F	17/11/12	Portsmouth Northsea SC Club Championships	Portsmouth	Havant & Wat	4
3:21.57	297	H	01/12/12	Peter Bull Development Meet	Waterlooville	Havant & Wat	3
3:28.19	270		10/03/12	Hampshire County Championships	Waterlooville	Havant & Wat	2
3:32.08	255	F	10/12/11	Portsmouth Northsea Club Championships	Portsmouth	Havant & Wat	4
3:53.56	191		05/03/11	Hampshire County Championships	Waterlooville	Havant & Wat	2
4:17.14	143		04/07/10	Hampshire Development	Waterlooville	Havant & Wat	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:21.57	297	H	01/12/12	Peter Bull Development Meet	Waterlooville	Havant & Wat	3
3:21.07	299	F	17/11/12	Portsmouth Northsea SC Club Championships	Portsmouth	Havant & Wat	4
3:28.19	270		10/03/12	Hampshire County Championships	Waterlooville	Havant & Wat	2
3:32.08	255	F	10/12/11	Portsmouth Northsea Club Championships	Portsmouth	Havant & Wat	4
3:53.56	191		05/03/11	Hampshire County Championships	Waterlooville	Havant & Wat	2
4:17.14	143		04/07/10	Hampshire Development	Waterlooville	Havant & Wat	3