

Individual Best Times (All Time)

Alaina Ward - (781672) - Portsmouth Northsea SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:07.62	645	H	05/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Havant & Wat	2
2:08.30	635	H	16/10/16	Havant & Waterlooville Club Championships	Waterlooville	Havant & Wat	4
2:08.69	629	F	29/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	Havant & Wat	4
2:08.79	628	F	19/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Havant & Wat	2
2:09.10	623	H	24/10/15	Havant & Waterlooville Club Championships	Waterlooville	Havant & Wat	4
2:09.19	622		29/11/15	Swim Bournemouth Winter Short Course L2 Meet	Littledown	Havant & Wat	2
2:09.21	622	H	10/01/15	Havant & Waterlooville Club Championships	Waterlooville	Havant & Wat	4
2:09.21	622	H	10/01/15	Havant & Waterlooville Club Championships	Waterlooville	Havant & Wat	4
2:09.42	619	H	07/11/15	ASA South East Region Winter Championships 2015	Portsmouth		2
2:09.43	619	H	03/10/15	ESSA Inter-Divisional Championships	Leeds	Havant & Wat	2
2:09.49	618	H	07/03/15	Hampshire County ASA Championships	Waterlooville	Havant & Wat	1
2:09.66	615	H	06/12/14	ASA South East Region Championships	Portsmouth	Havant & Wat	2
2:09.73	614	H	10/03/18	Forest Of Bere Regional Chaser Meet	Waterlooville	Havant & Wat	3
2:09.95	611	F	04/11/18	City of Cardiff Capital Open Meet	Cardiff	Havant & Wat	2
2:09.97	611	H	16/11/14	Hampshire Schools Championships	Waterlooville		3
2:10.39	605	H	13/11/16	Hampshire & Isle of Wight Schools SA Annual Gala	Waterlooville		2
2:10.91	598	F	21/11/15	Guildford City SC November L2 Open Meet	Surrey		2
2:11.58	589	H	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	Havant & Wat	2
2:12.10	582	H	20/10/18	Havant & Waterlooville Club Championships 2018	Waterlooville	Havant & Wat	4
2:12.37	578	F	18/11/18	Swim Bournemouth Winter Short Course L2 Meet	Bournemouth	Havant & Wat	2
2:12.98	570		05/04/14	Swim Bournemouth 4th Annual Open Meet	Bournemouth	Havant & Wat	2
2:13.07	569	H	16/03/19	Forest of Bere Regional Chaser Meet	Waterlooville	Havant & Wat	3
2:13.31	566		09/03/14	Hampshire County Championships	Waterlooville	Havant & Wat	2
2:13.51	564	H	14/10/17	Havant & Waterlooville Club Champs 2017	Waterlooville	Havant & Wat	4
2:14.79	548		09/03/14	Hampshire County Championships	Waterlooville	Havant & Wat	2
2:16.86	523	H	11/01/14	Havant & Waterlooville Club Championships	Waterlooville	Havant & Wat	4
2:18.24	506		24/11/12	Hampshire Schools 2012	Waterlooville	Havant & Wat	2

2:18.34	506		24/11/13	Hampshire Schools 2013	Waterlooville	Havant & Wat	3
2:22.23	466		09/03/13	Hampshire County Championships	Southampton	Havant & Wat	2
2:22.49	463		09/03/13	Hampshire County Championships	Southampton	Havant & Wat	2
2:29.77	399	H	01/12/12	Peter Bull Development Meet	Waterlooville	Havant & Wat	3
2:30.70	392	F	17/11/12	Portsmouth Northsea SC Club Championships	Portsmouth	Havant & Wat	4
2:36.00	353		10/03/12	Hampshire County Championships	Waterlooville	Havant & Wat	2
2:37.47	343	F	10/12/11	Portsmouth Northsea Club Championships	Portsmouth	Havant & Wat	4
2:38.29	338		10/03/12	Hampshire County Championships	Waterlooville	Havant & Wat	2
2:53.92	255		05/03/11	Hampshire County Championships	Waterlooville	Havant & Wat	2
2:55.57	248		19/12/10	City of Southampton Christmas Meet	Southampton	Havant & Wat	3
2:55.98	246		09/04/11	Swim Bournemouth Open Meet	Littledown	Havant & Wat	2
2:59.89	230		05/03/11	Hampshire County Championships	Waterlooville	Havant & Wat	2
3:16.26	177		03/07/10	Hampshire Development	Waterlooville	Havant & Wat	3
4:05.41	90		31/10/09	Portsmouth Northsea	Portsmouth	Havant & Wat	4

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