

Individual Best Times (All Time)

Jack Rogers - (779645) - Truro City SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.35	427	H	02/07/17	ASA SWR Fast 5 Competition	Gloucester	Truro City	3
29.61	416	F	10/02/19	Cornwall County ASA Championships	Bodmin	Truro City	2
29.70	412	F	21/02/17	Cornwall County Championships	Penzance	Truro City	2
29.71	412	F	11/03/17	Carn Brea & Helston 1st Open Sprint Meet	Penzance	Truro City	3
29.82	407	H	08/11/15	ASA South West Short Course Championships	Millfield		2
29.82	407	F	21/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	Truro City	2
29.87	405	F	22/10/16	Walkers Tigers Annual Autumn Open Meet 2016	St Brelade	Truro City	2
29.87	405	H	21/02/17	Cornwall County Championships	Penzance	Truro City	2
29.87	405	F	25/06/17	Truro City Club Championships	Truro	Truro City	4
29.92	403	H	10/02/19	Cornwall County ASA Championships	Bodmin	Truro City	2
29.95	402	F	20/02/16	Cornwall County Championships	Penzance	Truro City	2
30.04	398	H	03/07/16	ASA SWR Fast 5 Competitin	Gloucester	Truro City	3
30.06	397	H	03/02/18	Cornwall County ASA Championships	Penzance	Truro City	2
30.31	388	F	20/02/16	Cornwall County Championships	Penzance	Truro City	2
30.53	379	F	10/07/16	Truro City Club Championships	Truro	Truro City	4
31.04	361	F	03/03/15	Cornwall County Championships	Bodmin	Truro City	2
31.07	360	F	10/01/15	Taunton Deane & Street New Year Level 3 Meet	Weston Super Mare	Truro City	3
31.13	358	H	10/01/15	Taunton Deane & Street New Year Level 3 Meet	Weston Super Mare	Truro City	3
31.50	345	F	03/03/15	Cornwall County Championships	Bodmin	Truro City	2
32.22	323	H	06/07/14	BG ASA South West Fast 5 Competition	Gloucester	Truro City	3
32.70	309	F	02/03/14	CCASA Champs & Age Groups Distance Comp	Bodmin	Truro City	2
33.52	286	F	26/10/13	Tigers (Jersey) SC32nd Autumn Open Meet	Jersey	Truro City	2
34.73	258	F	30/03/13	Penzance Fast Five	Penzance	Truro City	3
35.16	248	F	03/03/13	Cornwall County Championships	Bodmin	Truro City	2
36.37	224	F	27/10/12	Tigers SC 31st Autumn Open Meet	Jersey	Truro City	2
37.69	201	F	21/07/12	The Penzance Invitation Sprint Meet	Penzance	Truro City	3
37.88	200	H	04/02/19	Cornwall County Championships	Bodmin	Truro City	2

37.88	200	H	04/03/12	Cornwall County Championships	Bodmin	Truro City	
38.23	193	H	13/05/12	Newquay Cormorants Open Meet	Newquay	Truro City	3
39.39	176	F	13/05/12	Newquay Cormorants Open Meet	Newquay	Truro City	3
39.58	174	F	21/01/12	Carn Brea Invitational Meet	Penzance	Truro City	3
39.97	169	F	01/10/11	Carn Brea Open Meet 2011	Penzance	Truro City	3
41.34	152	H	06/03/11	Cornwall County Championships	Bodmin	Truro City	2
48.86	92	H	28/02/10	Cornwall County Champs	Bodmin	Truro City	2

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