

Individual Best Times (All Time)

Lewis Adams - (778843) - Newcastle (Staffs) ASC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.15	398	H	06/04/19	City of Stoke on Trent SC (COSACSS) Y2K 2019	Stoke-on-Trent	Cosacss	3
1:15.70	389	H	10/06/17	Everton & Prescot Summer Open Meet	Liverpool	Cosacss	3
1:16.03	384	H	06/03/22	Newcastle Staffs SC March Time Trial	Newcastle-Under-Lyme	Newcastle St	4
1:16.14	382	H	21/05/23	Newcastle Staffs SC Time Trials 2023	Newcastle under Lyme	Newcastle St	4
1:16.69	374	H	17/09/16	City of Stoke on Trent B Grade Open Meet	Stoke	Cosacss	3
1:17.10	368	H	22/06/19	City of Stoke on Trent SC (COSACSS) Club Champs	Stoke-on-Trent		4
1:17.12	368	H	08/01/22	Staffordshire ASA County Qualifier 2022	Stafford	Newcastle St	3
1:17.83	358	H	10/05/15	Haden Hill 34th Annual Open Meet	Wolverhampton		3
1:18.10	354	H	23/06/18	COSACSS Club Championships	Stoke-on-Trent		4
1:18.17	353	H	25/06/16	Satellites of Macclesfield 29th Open Meet	Macclesfield	Cosacss	3
1:18.34	351	H	27/06/15	City of Stoke on Trent Club Championships	Stoke on Trent		4
1:18.46	349	H	25/06/16	City of Stoke on Trent Club Championships	Stoke		4
1:18.68	346	F	15/11/14	Wigan BEST Future Stars Open Meet	Wigan	Cosacss	2
1:19.21	339	H	24/06/17	COSACSS Club Championships	Stoke-on-Trent		4
1:20.28	326	H	29/06/14	City of Stoke on Trent Club Championships	Stoke on Trent	Cosacss	4
1:20.61	322	H	15/02/15	Staffordshire ASA County Championships	Stafford		2
1:20.99	317	H	12/07/15	14th Biddulph Open Meet	Biddulph		3
1:21.82	308	H	04/10/14	Leicester Penguins Open Meet	Braunstone		3
1:22.87	296	H	16/03/14	Staffordshire County Championships	Stafford	Cosacss	2
1:23.72	287	H	30/06/13	City of Stoke on Trent Club Championships	Stoke on Trent	Cosacss	4
1:25.19	273	H	12/01/14	North Midlands Age Group Championships	Macclesfield	Cosacss	3
1:25.19	273	H	12/01/14	North Midlands ASA Championships 2014	Macclesfield	Cosacss	3
1:32.72	211	H	15/07/12	City of Stoke on Trent Club Championships	Stoke on Trent	Cosacss	4
1:35.92	191	H	24/09/11	City of Stoke on Trent B Grade Meet	Stoke on Trent	Cosacss	3
1:43.32	153	H	26/09/10	COSACSS B Grade Meet	Stoke-On-Trent	Cosacss	3

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