

Individual Best Times (All Time)

Lewis Adams - (778843) - Newcastle (Staffs) ASC - 100 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:01.24	474	H	16/06/18	COSACSS Club Championships	Stoke-on-Trent		4
1:01.29	473	H	17/06/17	COSACSS Club Championships	Stoke-on-Trent		4
1:01.59	466	H	18/06/16	City of Stoke on Trent Club Championships	Stoke		4
1:01.86	460	H	08/10/17	2017 Association Championships	Macclesfield	Cosacss	3
1:02.05	456	F	10/02/18	Staffordshire ASA Championships	Stafford	Cosacss	2
1:02.06	456	H	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	Cosacss	2
1:02.10	455	H	03/11/18	Midland Winter Short Course Championships 2018	Harvey Hadden	Cosacss	2
1:02.15	454	F	16/12/17	Shrewsbury Winter Open Meet	Wolverhampton	Cosacss	3
1:02.23	452	F	10/02/18	Staffordshire ASA Championships	Stafford	Cosacss	2
1:02.31	450	H	22/09/18	Rotherham Metro A & B Short Course Graded Meet	Sheffield	Cosacss	3
1:02.46	447	H	10/02/18	Staffordshire ASA Championships	Stafford	Cosacss	2
1:02.52	446	H	07/11/15	Midland 2015 Short Course Championships	Nottingham		2
1:02.52	446	H	21/09/19	A and B grade Short Course Meet	Sheffield	Cosacss	3
1:02.55	445	H	09/02/19	Staffordshire ASA County Swimming Championships	Stafford	Cosacss	2
1:02.59	444	H	29/09/19	The Roebuck Open Meet 2019	Stafford	Cosacss	3
1:02.70	442	F	09/02/19	Staffordshire ASA County Swimming Championships	Stafford	Cosacss	2
1:02.83	439	F	09/02/20	Staffordshire ASA County Swimming	Stafford	Newcastle St	2
1:02.98	436	H	11/02/17	Staffordshire ASA Championships	Stafford	Cosacss	2
1:03.00	436	H	02/11/19	Midlands Winter Short Course Championships 2019	Nottingham	Cosacss	2
1:03.01	436	H	07/11/21	Swim England West Midlands Regional	Coventry	Newcastle St	2
1:03.10	434	H	17/10/21	City of Birmingham Winter Open Meet	Birmingham	Newcastle St	2
1:03.11	433	H	06/11/22	SE West Midlands Winter Short Course Champs 2022	Coventry	Newcastle St	2
1:03.14	433	H	22/12/18	Derventio Excel Christmas Cracker 2018	Braunston	Cosacss	3
1:03.17	432	F	13/02/16	Staffordshire County Championships 2016	Stafford	Cosacss	2
1:03.18	432	H	04/12/16	Stafford Apex 2016 Winter Open Meet	Stafford	Cosacss	3
1:03.22	431	H	15/06/19	City of Stoke on Trent SC (COSACSS) Club Champs	Stoke-on-Trent		4
1:03.26	430	H	09/02/20	Staffordshire ASA County Swimming	Stafford	Newcastle St	2

1:03.26	430	H	09/02/20	Staffordshire ASA County Swimming	Stafford	Newcastle St	2
1:03.33	429	H	20/06/15	City of Stoke on Trent Club Championships	Stoke on Trent		4
1:03.35	429	H	25/09/22	Newcastle Staffs Club Championships 2022	Jubilee 2	Newcastle St	4
1:03.35	429	H	29/01/23	Staffordshire ASA Championships 2023	Stafford	Newcastle St	2
1:03.37	428	H	21/12/19	Leicester Sharks Christmas County Qualifier	Pingles	Cosacss	3
1:03.45	427	H	12/02/22	Staffordshire ASA County Championships 2022	Stafford	Newcastle St	2
1:03.62	423	H	02/04/16	City of Stoke on Trent Y2K 2016	Stoke	Cosacss	3
1:03.67	422	H	31/10/15	Chase 12th Roebuck Open Meet	Wolverhampton		2
1:03.69	422	F	29/01/23	Staffordshire ASA Championships 2023	Stafford	Newcastle St	2
1:03.78	420	H	11/06/23	Chase Summer Roebuck L3 Open Meet 2023	Wolverhampton	Newcastle St	3
1:03.79	420	F	17/10/15	Shrewsbury Autumn Meet 2015	Wolverhampton	Cosacss	3
1:03.93	417	H	19/07/15	Wolverhampton Level 3 Sprint Meet	Wolverhampton		3
1:03.93	417	H	01/10/22	North Midlands Annual Championships	Macclesfield		3
1:04.06	414	H	12/07/15	14th Biddulph Open Meet	Biddulph		3
1:04.18	412	F	13/02/16	Staffordshire County Championships 2016	Stafford	Cosacss	2
1:04.54	405	H	13/02/16	Staffordshire County Championships 2016	Stafford	Cosacss	2
1:04.57	405	H	28/02/15	City of Stoke on Trent Y2K 2015	Stoke-on-Trent		3
1:05.17	394	F	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	Cosacss	2
1:05.26	392	H	06/03/22	Newcastle Staffs SC March Time Trial	Newcastle-Under-Lyme	Newcastle St	4
1:05.28	392	H	11/07/21	Newcastle (Staffs)	Jubilee 2	Newcastle St	0
1:05.41	389		05/04/15	City of Birmingham 22nd Open Meet	Stechford		2
1:06.00	379	H	04/10/14	Leicester Penguins Open Meet	Braunstone		3
1:06.00	379	H	31/01/15	Staffordshire ASA County Championships	Stafford		2
1:06.56	369	H	09/08/21	Newcastle Staffs	Jubilee2	Newcastle St	0
1:07.24	358	H	26/07/14	City of Salford Summer Spectacular 2014	Wigan		3
1:07.28	358	H	04/07/21	Newcastle (Staffs)	Jubilee 2 Pool	Newcastle St	0
1:07.58	353	H	12/04/14	City of Stoke on Trent Y2K 2014	Stoke on Trent	Cosacss	3
1:07.85	349	H	18/01/14	North Midlands ASA Championships 2014	Macclesfield	Cosacss	3
1:08.21	343	H	21/06/14	City of Stoke on Trent Club Championships	Stoke on Trent	Cosacss	4
1:08.22	343	H	01/03/14	Staffordshire ASA County Championships	Stafford	Cosacss	2
1:08.68	336		24/11/13	Northgate PB Buster Gala	Wolverhampton	Cosacss	3
1:08.77	335	H	22/06/13	City of Stoke on Trent Club Championships	Stoke on Trent	Cosacss	4
1:09.01	331	H	16/11/13	Stafford Apex Open Meet	Stafford	Cosacss	2
1:09.59	323	H	13/04/13	City of Stoke COSACSS Y2K 2013	Stoke on Trent	Cosacss	3
1:11.10	303	H	10/02/13	11th Cannock Phoenix Open Meet	Wolverhampton	Cosacss	3
1:11.79	294	H	22/09/12	COSACSS B Grade Open Meet	Stoke on Trent	Cosacss	3
1:11.81	294		25/11/12	Northgate PB Buster Open Gala	Northgate	Cosacss	3
1:12.56	285	H	18/11/12	Stafford Apex Licensed Meet	Stafford	Cosacss	2
1:13.10	279	H	29/04/12	Satellite of Macclesfield 25th Open Meet	Macclesfield	Cosacss	2
1:13.32	276	H	03/03/12	Staffordshire County Championships	Stafford	Cosacss	2
1:13.51	274	H	21/01/12	North Midlands Championships	Macclesfield	Cosacss	3
1:14.38	265	H	14/07/12	City of Stoke on Trent Club Championships	Stoke on Trent	Cosacss	4
1:15.69	251	H	12/02/12	10th Cannock Phoenix Open Meet	Wolverhampton	Cosacss	3
1:16.39	244	H	14/04/12	City of Stoke upon Trent YK2 Meet	Stoke	Cosacss	3
1:16.69	241		19/11/11	Boldmere Level 3 Open Meet	Boldmere	Cosacss	3
1:16.76	241	H	09/07/11	City of Stoke On Trent Club Championships	Stoke On Trent	Cosacss	4
1:20.36	210	H	24/09/11	City of Stoke on Trent B Grade Meet	Stoke on Trent	Cosacss	3
1:20.55	208	H	23/01/11	North Midlands ASA Championships 2011	Macclesfield	Cosacss	3
1:24.09	183	H	26/09/10	COSACSS B Grade Meet	Stoke-On-Trent	Cosacss	3
1:25.42	175		21/11/10	Boldmere Open Meet	Birmingham	Cosacss	3

Swims in Date Order

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1:03.76	420	H	17/09/23	Chase Summer Roebuck L3 Open Meet 2023	Wolverhampton	Newcastle St	3
1:03.69	422	F	29/01/23	Staffordshire ASA Championships 2023	Stafford	Newcastle St	2
1:03.35	429	H	29/01/23	Staffordshire ASA Championships 2023	Stafford	Newcastle St	2
1:03.11	433	H	06/11/22	SE West Midlands Winter Short Course Champs 2022	Coventry	Newcastle St	2
1:03.93	417	H	01/10/22	North Midlands Annual Championships	Macclesfield		3
1:03.35	429	H	25/09/22	Newcastle Staffs Club Championships 2022	Jubilee 2	Newcastle St	4
1:05.26	392	H	06/03/22	Newcastle Staffs SC March Time Trial	Newcastle-Under-Lyme	Newcastle St	4
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1:03.10	434	H	17/10/21	City of Birmingham Winter Open Meet	Birmingham	Newcastle St	2
1:06.56	369	H	09/08/21	Newcastle Staffs	Jubilee2	Newcastle St	0
1:05.28	392	H	11/07/21	Newcastle (Staffs)	Jubilee 2	Newcastle St	0
1:07.28	358	H	04/07/21	Newcastle (Staffs)	Jubilee 2 Pool	Newcastle St	0
1:02.83	439	F	09/02/20	Staffordshire ASA County Swimming	Stafford	Newcastle St	2
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1:02.52	446	H	21/09/19	A and B grade Short Course Meet	Sheffield	Cosacss	3
1:03.22	431	H	15/06/19	City of Stoke on Trent SC (COSACSS) Club Champs	Stoke-on-Trent		4
1:02.70	442	F	09/02/19	Staffordshire ASA County Swimming Championships	Stafford	Cosacss	2
1:02.55	445	H	09/02/19	Staffordshire ASA County Swimming Championships	Stafford	Cosacss	2
1:03.14	433	H	22/12/18	Derventio Excel Christmas Cracker 2018	Braunston	Cosacss	3
1:02.10	455	H	03/11/18	Midland Winter Short Course Championships 2018	Harvey Hadden	Cosacss	2
1:02.31	450	H	22/09/18	Rotherham Metro A & B Short Course Graded Meet	Sheffield	Cosacss	3
1:01.24	474	H	16/06/18	COSACSS Club Championships	Stoke-on-Trent		4
1:02.23	452	F	10/02/18	Staffordshire ASA Championships	Stafford	Cosacss	2
1:02.05	456	F	10/02/18	Staffordshire ASA Championships	Stafford	Cosacss	2
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1:02.06	456	H	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	Cosacss	2
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1:08.21	343	H	21/06/14	City of Stoke on Trent Club Championships	Stoke on Trent	Cosacss	4
1:07.58	353	H	12/04/14	City of Stoke on Trent Y2K 2014	Stoke on Trent	Cosacss	3

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