

# Individual Best Times (All Time)

Jasmyne Head - (774345) - Rochford & District SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:38.82	232	H	18/07/15	Rochford & District Club Championships 2015	Rochford		4
3:53.63	191		07/04/12	Borough of Waltham Forest Age Group Meet	Waltham Forest	Rochford	3
3:59.41	177		15/10/11	Romford Town Open Meet	Enfield	Rochford	3
4:00.18	175	H	06/11/11	Thurrock SC County Qualifier 2011	Grays	Rochford	3
4:12.64	151	H	08/05/11	Thurrock 200 Meet	Grays	Rochford	2

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