

Individual Best Times (All Time)

Jasmyne Head - (774345) - Rochford & District SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:37.06	346	H	22/10/16	Rochford & District Club Championships 2016	Rochford	Rochford	4
2:38.39	337	H	18/04/15	Essex & Regional Qualifier	Thurrock		3
2:43.08	309	H	20/09/14	Basildon & Phoenix Autumn Meet	Basildon		3
2:43.19	308		07/04/13	Sudbury & District Spring Meet	Sudbury	Rochford	3
2:44.13	303	H	05/07/15	Rochford & District Club Championships 2015	Rochford		4
2:44.51	301	H	06/12/15	Braintree & Bocking Spring Festival Open Meet	Braintree		3
2:44.99	298	H	01/12/13	Gravesend & North Fleet Autumn Open Meet	Gillingham	Rochford	3
2:45.43	296	H	05/10/13	Bishop Stortford 5th Autumn Open Meet	Braintree	Rochford	3
2:46.12	292	H	07/12/13	Rochford & District SC Club Time Trials 2013	Rochford	Rochford	4
2:48.97	278	H	15/06/14	Rochford & District SC Club Championships 2014	Rochford	Rochford	4
2:49.52	275		12/01/14	Sudbury & District January Time Trials	Sudbury	Rochford	3
2:50.12	272	F	15/07/12	Barking & Dagenham End of Season Meet	Dagenham	Rochford	3
2:52.34	262		30/09/12	Sudbury Michaelmas Olympic Special	Sudbury	Rochford	3
2:54.82	251		08/04/12	Borough of Waltham Forest Age Group Meet	Waltham Forest	Rochford	3
2:55.40	248	H	01/12/12	Thurrock SC County Qualifier	Thurrock	Rochford	3

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