

Individual Best Times (All Time)

Jasmyne Head - (774345) - Rochford & District SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|----------------|-----------------|-------|
| 32.61 | 347 | H | 17/12/16 | BPSC Last Chance County Qualifier 2016 | Basildon | Rochford | 3 |
| 32.65 | 346 | H | 01/10/16 | Cambridge Grand Prix Regional & National Qualifier | Cambridge | Rochford | 2 |
| 32.87 | 339 | H | 28/11/15 | Rochford & District Winter Time Trial 2015 | Hockley | | 4 |
| 33.01 | 335 | H | 18/04/15 | Essex & Regional Qualifier | Thurrock | | 3 |
| 33.05 | 333 | H | 03/01/15 | Bexley Short Course Open Meet | Bexleyheath | | 3 |
| 33.15 | 330 | H | 06/12/14 | Thurrock Essex & Regional Qualifier Meet | Grays | | 3 |
| 33.66 | 316 | H | 04/07/15 | Rochford & District Club Championships 2015 | Rochford | | 4 |
| 33.79 | 312 | | 11/01/14 | Sudbury & District January Time Trials | Sudbury | Rochford | 3 |
| 33.82 | 311 | H | 22/10/16 | Rochford & District Club Championships 2016 | Rochford | Rochford | 4 |
| 33.95 | 308 | | 05/04/14 | BWFSC Secondary Age Group Meet 2014 | Walthamstow | Rochford | 3 |
| 34.00 | 306 | H | 20/09/14 | Basildon & Phoenix Autumn Meet | Basildon | | 3 |
| 34.34 | 297 | H | 05/10/13 | Bishop Stortford 5th Autumn Open Meet | Braintree | Rochford | 3 |
| 34.36 | 297 | H | 09/11/14 | BOSS Firework Spectacular Gala | Southend | | 3 |
| 34.69 | 288 | H | 30/11/13 | Gravesend & North Fleet Autumn Open Meet | Gillingham | Rochford | 3 |
| 34.83 | 285 | H | 07/12/13 | Rochford & District SC Club Time Trials 2013 | Rochford | Rochford | 4 |
| 35.21 | 276 | | 07/04/13 | Sudbury & District Spring Meet | Sudbury | Rochford | 3 |
| 35.25 | 275 | H | 12/06/14 | Rochford & District SC Club Championships 2014 | Rochford | Rochford | 4 |
| 35.40 | 271 | H | 23/12/12 | Rochford & District Club Championships | Rochford | Rochford | 4 |
| 37.68 | 225 | F | 07/01/12 | London Borough of Redbridge Winter Meet | Fullwell Cross | Rochford | 3 |
| 38.18 | 216 | | 15/10/11 | Romford Town Open Meet | Enfield | Rochford | 3 |
| 38.25 | 215 | F | 14/07/12 | Barking & Dagenham End of Season Meet | Dagenham | Rochford | 3 |
| 38.93 | 204 | H | 06/11/11 | Thurrock SC County Qualifier 2011 | Grays | Rochford | 3 |
| 39.60 | 194 | | 02/04/11 | Borough of Waltham Forest (Gators) Meet | Waltham Forest | Rochford | 3 |
| 39.87 | 190 | H | 28/05/11 | Colchester Open Meet 2011 | Colchester | Rochford | 3 |
| 39.90 | 189 | H | 03/07/11 | Braintree & Bocking SC Summer Sprint Meet | Braintree | Rochford | 3 |
| 40.08 | 187 | H | 24/09/11 | Bishop's Stortford Autumn Open Meet | Braintree | Rochford | 3 |

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| 35.21 | 276 | | 07/04/13 | Sudbury & District Spring Meet | Sudbury | Rochford | 3 |
| 35.40 | 271 | H | 23/12/12 | Rochford & District Club Championships | Rochford | Rochford | 4 |
| 38.25 | 215 | F | 14/07/12 | Barking & Dagenham End of Season Meet | Dagenham | Rochford | 3 |
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