Individual Best Times (All Time)

Dominic Redpath - (770464) - Fareham Nomads SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:49.28	394	F	18/11/18	Guildford City L2 Winter Open	Surrey SP	Portsmouth N	2
4:50.82	388	Н	15/04/18	National Junior Para Swimming 2018	Southampton	Portsmouth N	2
5:10.61	319	Н	10/12/17	National Para-Swimming Champs 2017	Manchester	Gosport	2
5:14.78	306	Н	21/10/17	Midland Para-Swimming Autumn Championships	Rugby	Gosport	3
5:43.93	235	F	26/09/15	SER PARA Open Competition	Southampton	Gosport	4
6:05.58	195	Н	11/10/15	London Swimming Para Swimming Championships	London		3
6:22.88	170	Н	12/04/15	Tigersharks ASC Spring Open Meet 2015	Swindon		3
7:00.41	128	Н	23/11/14	BG Para-Swimming Championships	Manchester	S E Region	2
7:16.34	115	F	27/09/14	Disability South East Region Competition	Southampton	Gosport	3
7:17.24	114	Н	01/03/14	DSE National Junior & Youth Championships	Sheffield	Gosport	2
7:34.61	101	F	08/02/14	DSE South East Regional	Southampton	Gosport	3

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