

Individual Best Times (All Time)

Mark Laing - (767910) - Halesowen SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
23.72	613	R	23/10/16	ASA National County Teams Division 2	Sheffield	Worcs	2
24.03	590	H	06/11/16	Midland Short Course Championships 2016	Nottingham	Halesowen	2
24.06	588	H	02/12/16	Swim Wales Short Course Championships	Swansea	Halesowen	2
24.09	586	H	08/11/15	Midland 2015 Short Course Championships	Nottingham		2
24.10	585	F	06/11/16	Midland Short Course Championships 2016	Nottingham	Halesowen	2
24.38	565	H	04/10/15	Derventio Excel 5th Short Course Open Meet	Matlock		2
24.66	546	F	07/02/16	Worcester County SA County Championships	Wolverhampton	Halesowen	2
24.68	545	H	31/10/15	Chase 12th Roebuck Open Meet	Wolverhampton		2
24.73	541	H	07/02/16	Worcester County SA County Championships	Wolverhampton	Halesowen	2
24.79	537	F	04/02/18	Worcester County Age Group Championships	Wolverhampton	Halesowen	2
24.92	529	H	26/10/14	Worcester 18th Open Meet	Worcester		3
24.97	526	F	26/10/14	Worcester 18th Open Meet	Worcester		3
24.98	525	H	07/12/14	Midland Short Course Championships	Rugby		2
24.99	525	H	05/02/17	Worcester County Age Group Championships	Wolverhampton	Halesowen	2
25.00	524	F	09/03/14	Worcester County Championships	Wolverhampton	Halesowen	2
25.06	520	F	15/03/15	Worcester County Age Group Championships	Wolverhampton		2
25.08	519	H	09/03/14	Worcester County Championships	Wolverhampton	Halesowen	2
25.20	512	H	04/02/18	Worcester County Age Group Championships	Wolverhampton	Halesowen	2
25.25	508	H	08/12/13	Midland Short Course 2013	Stafford	Halesowen	2
25.25	508	H	02/07/17	Worcester Summer Open Meet	Worcester	Halesowen	3
25.43	498	H	15/03/15	Worcester County Age Group Championships	Wolverhampton		2
25.53	492	H	08/07/18	Boldmere Water Carnival	Wolverhampton	Halesowen	3
25.55	491	H	04/10/14	Halesowen Licensed 50m Time Trial	Egbaston		4
25.93	469	H	09/03/13	Worcester County Championships	Wolverhampton	Halesowen	2
26.62	434	F	05/02/17	Worcester County Age Group Championships	Wolverhampton	Halesowen	2
27.78	382		31/03/12	Nuneaton and Bedworth Meet	Nuneaton	Halesowen	2
27.82	376	H	10/02/18	Worcester County Championships	Worcester	Halesowen	2

27.92	370	M	10/03/12	Worcester County Championships	Worcester	Halesowen	2
27.92	376	F	10/03/12	Worcester County Championships	Worcester	Halesowen	2
27.97	374		31/03/12	Nuneaton and Bedworth Meet	Nuneaton	Halesowen	2
29.26	327	F	23/10/11	Worcester SC Open Meet	Worcester	Halesowen	3
29.74	311	H	23/10/11	Worcester SC Open Meet	Worcester	Halesowen	3
29.91	306	H	26/06/11	Three Counties Invitation Gala	Gloucester	Halesowen	4
30.28	295	H	02/10/11	Worcester County Sprints	Wolverhampton	Halesowen	3
30.69	283	F	26/03/11	Worcestershire County Championships	Wolverhampton	Halesowen	2
31.38	265	H	26/03/11	Worcestershire County Championships	Wolverhampton	Halesowen	2
32.36	241	H	22/01/11	Brierley Hill Open Meet	Wolverhampton	Halesowen	2
33.59	216		05/04/10	City of Birmingham 17th Meet	Birmingham	Halesowen	2
34.07	207	H	27/06/10	Staffs 3 Counties Invite	Stafford	Halesowen	3
34.32	202	H	27/03/10	Worcestershire County Championships	Wolverhampton	Halesowen	2
34.64	197	F	27/03/10	Worcestershire County Championships	Wolverhampton	Halesowen	2
36.58	167	F	28/03/09	Worcester County Champs	Wolverhampton	Halesowen	2
36.74	165	H	28/03/09	Worcester County Champs	Wolverhampton	Halesowen	2
38.71	141	H	25/10/09	Worcester 13th Open Meet	Worcester	Halesowen	3
39.11	136		04/10/09	Leicester Penguins Open	Braunstone	Halesowen	2

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