

# Individual Best Times (All Time)

Rebecca Alderman - (767851) - Winsford Swimming Club - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:18.86	501	F	19/10/14	Conwy County Aquatics Autumn Meet	Llandudno	Winsford	2
2:19.08	498	H	28/02/15	City of Stoke on Trent Y2K 2015	Stoke-on-Trent		3
2:19.67	492	H	02/10/16	North Midlands Championships 2016	Macclesfield	Winsford	3
2:20.20	487	H	18/04/15	Satellites of Macclesfield 28th Open Meet	Macclesfield		3
2:20.53	483	H	16/03/14	Cheshire County Championships	Macclesfield	Winsford	2
2:20.73	481	H	22/01/17	Cheshire County Championships	Macclesfield	Winsford	2
2:20.73	481	H	22/01/17	Cheshire County Championships	Macclesfield	Winsford	2
2:20.77	481	H	12/01/14	North Midlands Age Group Championships	Macclesfield	Winsford	3
2:20.77	481	H	12/01/14	North Midlands ASA Championships 2014	Macclesfield	Winsford	3
2:21.23	476	F	29/11/14	Percy Mason Memorial Gala	Warrington	Winsford	3
2:21.24	476	H	25/01/15	Cheshire County Championships 2015	Macclesfield		2
2:21.35	475	H	09/02/14	Cannock Phoenix 12th Annual Open Meet	Wolverhampton	Winsford	3
2:21.45	474	H	16/11/13	Stafford Apex Open Meet	Stafford	Winsford	2
2:21.76	471	F	03/05/14	Wrexham 11th Spring Meet	Wrexham	Winsford	2
2:21.88	469	H	10/09/16	Winsford Swim Team Club Champs	Winsford	Winsford	4
2:22.01	468	F	14/09/14	Winsford SC Club Championships	Winsford	Winsford	4
2:22.19	466	H	04/03/17	Satellites of Macclesfield 30th Open Meet	Macclesfield	Winsford	3
2:22.25	466	H	04/10/15	North Midlands Championships 2015	Macclesfield		3
2:22.25	466	H	04/10/15	North Midlands Championships 2015	Macclesfield		3
2:22.61	462	H	24/01/16	Cheshire County Championships 2016	Macclesfield	Winsford	2
2:22.61	462	H	24/01/16	Cheshire County Championships 2016	Macclesfield	Winsford	2
2:22.61	462	H	24/01/16	Cheshire County Championships 2016	Macclesfield	Winsford	2
2:23.81	451	F	13/09/15	Winsford Club Championships	Winsford	Winsford	4
2:24.44	445	H	16/09/17	Winsford Club Championships 2017	Winsford	Winsford	4
2:26.03	431	F	16/09/13	Winsford SC Club Championships	Winsford	Winsford	4
2:27.31	419	F	04/07/15	Winsford Summer Club Championships	Winsford	Winsford	4
2:27.85	415	F	20/10/14	Swim Conwy Autumn Meet	Llandudno	Winsford	4

2:27.03	413	F	20/10/13	Swim Conway Autumn Meet	Llandudno	Winsford	1
2:28.63	408	F	04/05/13	Wrexham 10th Spring Meet	Wrexham	Winsford	2
2:29.10	404	H	10/02/13	11th Cannock Phoenix Open Meet	Wolverhampton	Winsford	3
2:30.49	393	F	01/12/12	Percy Mason Memorial Gala	Warrington	Winsford	3
2:32.10	381	H	13/01/13	North Midlands ASA Championships 2013	Macclesfield	Winsford	3

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