

Individual Best Times (All Time)

Emily Lawrence - (767744) - Preston Swimming Club - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.93	598	H	16/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	Preston	3
29.66	555	F	15/10/16	North Lancs Level 2 Age Groups & Champs	Blackpool	Preston	2
29.84	545	H	03/12/17	PSC Christmas Countdown 2017 - L3 Open Meet	Darwen	Preston	3
29.84	545	H	06/11/22	Preston SC Club CHampionships 2022	Preston	Preston	4
29.87	543	H	15/10/16	North Lancs Level 2 Age Groups & Champs	Blackpool	Preston	2
29.95	539	H	21/10/18	North Lancashire Level 2 Age Groups & Championship	Blackpool	Preston	2
29.96	538	F	21/10/18	North Lancashire Level 2 Age Groups & Championship	Blackpool	Preston	2
30.22	525	H	24/10/15	Manchester International Meet 2015	Manchester	Preston	2
30.26	522	H	12/11/21	Preston SC Club Champs 2021	Preston	Preston	4
30.26	522	H	12/11/21	Preston SC Club Champs 2021	Preston	Preston	4
30.28	521	H	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	Preston	4
30.32	519	H	03/03/24	Burnley Bobcats 2024	Darwen	Preston	3
30.34	518	H	04/12/16	Preston Christmas Countdown Open Meet	Darwen	Preston	3
30.42	514	H	02/12/18	PSC Christmas Countdown - L3 OPEN MEET	Darwen	Preston	3
30.43	514	F	19/10/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	Preston	2
30.45	513	H	06/11/16	ASA North West Region Winter Championships	Manchester	Preston	2
30.45	513	F	06/11/16	ASA North West Region Winter Championships	Manchester	Preston	2
30.53	509	H	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool		2
30.53	509	H	19/10/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	Preston	2
30.64	503	H	04/11/18	Swim England NWR Winter Championships	Manchester	Preston	2
30.83	494	F	26/09/15	North Lancashire Level 2 Meet	Blackpool		2
31.03	485	H	26/09/15	North Lancashire Level 2 Meet	Blackpool		2
32.13	436	H	02/11/13	Preston SC Club Championships	Preston	Preston	4
33.16	397	F	02/11/13	Preston SC Club Championships	Preston	Preston	4
33.38	389	H	22/06/13	Preston Guild Summer Spectacular Meet	Darwen	Preston	3
34.32	358	H	14/10/12	Preston SC Club Championships	Preston	Preston	4
35.13	334	H	16/06/13	Preston Guild Summer Open	Preston	Preston	3

33.12	334	H	16/06/12	Preston Guild Summer Open	Preston	Preston	3
35.67	319	F	14/10/12	Preston SC Club Championships	Preston	Preston	4
35.71	318	H	04/02/12	North Lancashire Age Groups & Youth Meet	Blackpool	Preston	3
37.52	274	F	22/10/11	Wigan Best First Future Stars Open Meet	Wigan	Preston	2
39.43	236	H	16/07/11	Rotherham Metro A & B Grade Meet	Sheffield	Preston	3
41.44	203	H	05/02/11	North Lancashire Age Group & Youth Champs	Blackpool	Preston	3
41.89	197	H	05/12/10	Bolton Metro Christmas Meet	Manchester	Preston	3
42.78	185	H	23/10/10	Harrogate Junior Open Meet	Harrogate	Preston	2
42.99	182	H	17/07/10	Rotherham Metro A&B Meet	Sheffield	Preston	3
46.13	147	H	06/02/10	North Lancs Age Groups	Blackpool	Preston	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.32	519	H	03/03/24	Burnley Bobcats 2024	Darwen	Preston	3
30.28	521	H	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	Preston	4
29.84	545	H	06/11/22	Preston SC Club Championships 2022	Preston	Preston	4
30.26	522	H	12/11/21	Preston SC Club Champs 2021	Preston	Preston	4
30.26	522	H	12/11/21	Preston SC Club Champs 2021	Preston	Preston	4
30.43	514	F	19/10/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	Preston	2
30.53	509	H	19/10/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	Preston	2
30.42	514	H	02/12/18	PSC Christmas Countdown - L3 OPEN MEET	Darwen	Preston	3
30.64	503	H	04/11/18	Swim England NWR Winter Championships	Manchester	Preston	2
29.96	538	F	21/10/18	North Lancashire Level 2 Age Groups & Championship	Blackpool	Preston	2
29.95	539	H	21/10/18	North Lancashire Level 2 Age Groups & Championship	Blackpool	Preston	2
29.84	545	H	03/12/17	PSC Christmas Countdown 2017 - L3 Open Meet	Darwen	Preston	3
28.93	598	H	16/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	Preston	3
30.34	518	H	04/12/16	Preston Christmas Countdown Open Meet	Darwen	Preston	3
30.45	513	F	06/11/16	ASA North West Region Winter Championships	Manchester	Preston	2
30.45	513	H	06/11/16	ASA North West Region Winter Championships	Manchester	Preston	2
29.66	555	F	15/10/16	North Lancs Level 2 Age Groups & Champs	Blackpool	Preston	2
29.87	543	H	15/10/16	North Lancs Level 2 Age Groups & Champs	Blackpool	Preston	2
30.22	525	H	24/10/15	Manchester International Meet 2015	Manchester	Preston	2
30.83	494	F	26/09/15	North Lancashire Level 2 Meet	Blackpool		2
31.03	485	H	26/09/15	North Lancashire Level 2 Meet	Blackpool		2
30.53	509	H	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool		2
33.16	397	F	02/11/13	Preston SC Club Championships	Preston	Preston	4
32.13	436	H	02/11/13	Preston SC Club Championships	Preston	Preston	4
33.38	389	H	22/06/13	Preston Guild Summer Spectacular Meet	Darwen	Preston	3
35.67	319	F	14/10/12	Preston SC Club Championships	Preston	Preston	4
34.32	358	H	14/10/12	Preston SC Club Championships	Preston	Preston	4
35.12	334	H	16/06/12	Preston Guild Summer Open	Preston	Preston	3
35.71	318	H	04/02/12	North Lancashire Age Groups & Youth Meet	Blackpool	Preston	3
37.52	274	F	22/10/11	Wigan Best First Future Stars Open Meet	Wigan	Preston	2
39.43	236	H	16/07/11	Rotherham Metro A & B Grade Meet	Sheffield	Preston	3
41.44	203	H	05/02/11	North Lancashire Age Group & Youth Champs	Blackpool	Preston	3
41.89	197	H	05/12/10	Bolton Metro Christmas Meet	Manchester	Preston	3
42.78	185	H	23/10/10	Harrogate Junior Open Meet	Harrogate	Preston	2
42.99	182	H	17/07/10	Rotherham Metro A&B Meet	Sheffield	Preston	3
46.13	147	H	06/02/10	North Lancs Age Groups	Blackpool	Preston	3