

# Individual Best Times (All Time)

Joshua Arnone - (766750) - Havering Dolphins - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.69	403	F	17/12/16	Barking & Dagenham AC Christmas at Dagenham	Dagenham	Havering Dol	3
1:07.03	397	H	18/09/16	Epping Forest District Season Opener 2016	Loughton	Havering Dol	3
1:09.35	358	F	05/10/14	Redbridge Early County & Regional Meet	Barksingside	Havering Dol	3
1:10.50	341	H	16/02/14	Essex County Age Groups Championships	Basildon	Havering Dol	2
1:11.18	331	H	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester	Havering Dol	3
1:12.76	310	F	06/10/13	London Bo Redbridge Early County & Regional	Ilford	Havering Dol	3
1:12.96	308	H	28/09/13	Basildon & Phoenix Early Season Taster	Basildon	Havering Dol	3
1:13.60	300	F	16/06/13	Maxwell Summer Meet 2013	Aylesbury	Havering Dol	3
1:14.55	288	H	12/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Havering Dol	3
1:14.55	288	F	05/04/14	Newmarket & District Sixth Open Meet	Newmarket	Havering Dol	3
1:14.57	288	H	23/09/12	Bishops Stortford SC 4th Autumn Open Meet	Braintree	Havering Dol	3
1:14.91	284	H	24/02/13	Essex County Championships	Basildon	Havering Dol	2
1:16.51	267	H	21/10/12	Beckenham SC Rising Stars	Beckenham	Havering Dol	3
1:17.06	261	H	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	Havering Dol	3
1:17.76	254	H	01/12/12	Thurrock SC County Qualifier	Thurrock	Havering Dol	3
1:17.83	253	H	17/06/12	Braintree & Bocking Summer Sprint Meet	Braintree	Havering Dol	4
1:21.13	224		20/10/13	Romford Town SC 7th SC Meet	Enfield	Havering Dol	3
1:26.95	182	F	12/02/12	Ealing Short Course Open Meet	Ealing	Havering Dol	3
1:27.87	176	H	14/01/12	Thurrock Last Chance County Qualifier	Thurrock	Havering Dol	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.69	403	F	17/12/16	Barking & Dagenham AC Christmas at Dagenham	Dagenham	Havering Dol	3
1:07.03	397	H	18/09/16	Epping Forest District Season Opener 2016	Loughton	Havering Dol	3
1:11.18	331	H	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester	Havering Dol	3
1:09.35	358	F	05/10/14	Redbridge Early County & Regional Meet	Barksingside	Havering Dol	3

1:14.55	288	F	05/04/14	Newmarket & District Sixth Open Meet	Newmarket	Havering Dol	3
1:10.50	341	H	16/02/14	Essex County Age Groups Championships	Basildon	Havering Dol	2
1:21.13	224		20/10/13	Romford Town SC 7th SC Meet	Enfield	Havering Dol	3
1:14.55	288	H	12/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Havering Dol	3
1:12.76	310	F	06/10/13	London Bo Redbridge Early County & Regional	Ilford	Havering Dol	3
1:12.96	308	H	28/09/13	Basildon & Phoenix Early Season Taster	Basildon	Havering Dol	3
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