

Individual Best Times (All Time)

Anna-Gwen Armstrong - (765022) - Mildenhall & District SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:56.39	329		16/11/14	Mildenhall & District Club Championships	Mildenhall	Mildenhall	4
2:57.46	323	F	22/11/15	Mildenhall & District SC Club Championships	Mildenhall	Mildenhall	4
2:58.58	317		28/06/15	Suffolk County ASA Development Championships	Newmarket	Mildenhall	3
2:59.63	312		22/06/14	Suffolk County ASA Development Championships	Newmarket	Mildenhall	3
2:59.96	310		17/11/13	Mildenhall & District SC Club Championships	Mildenhall	Mildenhall	4
3:07.02	276		18/11/12	Mildenhall & District Club Championships	Mildenhall	Mildenhall	4
3:18.96	229		20/11/11	Mildenhall & District SC Club Championship	Mildenhall	Mildenhall	4
3:50.65	147	F	14/11/10	West Suffolk Open Meet	Bury St Edmunds	Mildenhall	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.46	323	F	22/11/15	Mildenhall & District SC Club Championships	Mildenhall	Mildenhall	4
2:58.58	317		28/06/15	Suffolk County ASA Development Championships	Newmarket	Mildenhall	3
2:56.39	329		16/11/14	Mildenhall & District Club Championships	Mildenhall	Mildenhall	4
2:59.63	312		22/06/14	Suffolk County ASA Development Championships	Newmarket	Mildenhall	3
2:59.96	310		17/11/13	Mildenhall & District SC Club Championships	Mildenhall	Mildenhall	4
3:07.02	276		18/11/12	Mildenhall & District Club Championships	Mildenhall	Mildenhall	4
3:18.96	229		20/11/11	Mildenhall & District SC Club Championship	Mildenhall	Mildenhall	4
3:50.65	147	F	14/11/10	West Suffolk Open Meet	Bury St Edmunds	Mildenhall	4